

## **Formation of Professional Competence and Skills of Coaches and Teachers in Sports Clubs**

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**Abstract.** *This article covers the main objectives of the activities of agents in the field of sports. At the same time, there are obligations that can be included in the agency agreement based on the rules of civil law in this area. The main objectives of the activities of agents in the field of sports are to identify the most relevant.*

**Key words:** *sports, athlete, athlete agent, sports agent activities, agent functions, agency agreement, rights and obligations.*

Currently, the attention to physical education and sports in the Republic of Uzbekistan is increasing. Therefore, special responsibilities are imposed on the mental potential, spiritual image and professional skills of trainers-teachers.

Trainers-teachers working in sports education institutions must thoroughly know the forms of optimal organization of training, the formation of a harmonious personality, and enrichment with various new ideas. After all, the implementation of the Law of the Republic of Uzbekistan “On Physical Education and Sports” in practice, ensuring the success of the reforms being carried out in the sports education system of our country, largely depends on the pedagogical competence and professional skills of trainers-teachers and educators working in sports education institutions.

Today's global changes, the daily development of science, technology and information and communication technologies, and activities aimed at the development of physical education and sports require a 21st century trainer-teacher to have professional pedagogical skills, a strong will, pedagogical and psychological knowledge, a deep knowledge of the theory and methodology of his sport, political literacy, a broad and thoughtful range of thinking.

A trainer-teacher is a person responsible for the education and upbringing of a harmonious generation, and must not only be an example to those around him with his spiritual and moral culture, but also be able to demonstrate his pedagogical skills, and make a worthy contribution to the training of qualified personnel as an accomplished teacher.

Possession of pedagogical competence and skills not only provides a basis for the effectiveness of education for a trainer-teacher, but also increases his authority in society, and students respect him.

Organizing practical actions to improve professional competence creates the opportunity to be free from mistakes made or being made in pedagogical activities, to achieve success in relationships with students, colleagues, and parents.

### **MAIN PART**

Sports, like other types of human activity, are closely related to the work of professionals. Because professionalism is one of the aspects that ensures the high level of implementation of the relevant

activity and the achievement of high achievements. It is athletes who carry out activities in the field of sports. Other subjects help the athlete achieve high results.

Currently, the names of more important figures in the world of sports, along with famous athletes and coaches, are being mentioned in the media. These include, first of all, general managers, sports scouts, agents and speakers for various activities of this or that sports club, national team. We are witnessing the fact that through the activities of the above-mentioned specialists, many important issues are being resolved in modern world sports and a great contribution is being made to the high performance of athletes in competitions.

Among them, if we look at the activities of agents, their responsibilities include a huge amount of work, from finding advertising sponsors to concluding contracts with players on sports, economic, household and other issues.

If we look at sports agents more broadly, we see that the first sports managers were the Romans, who mainly owned gladiators.

Later, agents of the Chinese Yakuza, the most famous wrestlers, appeared, who organized fights of the best fighters in the Far East, and if necessary, trained them (training continues to this day). However, real sports managers appeared only at the end of the 19th century, because at that time the whole world was covered by a general preoccupation with sports and sports competitions.

It was during this period that sports administrators (administrative managers) or agents began to appear in sports circles, who were actual agents (mediators).

The most important legal relationship for both the athlete and the agent is the athlete-agent relationship. It should be noted that the athlete must trust his agent and, most importantly, the agent must trust the athlete he represents.

Thus, the direct actions of a sports agent include: documenting the transfer of athletes when the athlete concludes a contract; executing the concluded contracts; consulting with the client (athlete); informing the athlete or team about potential counterparties who are ready to enter into contractual relations with a particular athlete/team; conducting negotiations on behalf of the athlete with full respect for his interests; selecting proposals for cooperation that are beneficial to the athlete, presenting agreements on the use of the athlete's commercial rights.

In order to protect the rights and legitimate interests of athletes and coaches, prevent abuse and violations when placing them in sports clubs, as well as improve the quality of the agency services provided, sports agents are accredited.

In our opinion, the main functions of a sports agent are:

1. Legal support. The main task is to provide legal assistance in concluding a contract between an athlete and an employer;
2. Psychological support. One of the tasks is to motivate the athlete, because only in this case he will have career growth;
3. Scientific and methodological support and planning of professional activities. The agent must understand the nuances of the sport in which his client is engaged, monitor which vector coaches and team leaders he is guided by;
4. Medical and biological support. One of the most important factors in securing employment for an athlete is medical indicators. Here the agent must monitor everything related to the athlete's health and recovery. An integral part here is insurance of the athlete's life and health;
5. Economic support. The agent must understand the economic reality in order to tell the athlete where to invest the money he earns and how to manage his capital in the future;
6. Consulting. This is required to protect the athlete and his family from household problems. This includes organizing recreation for athletes, etc.;

7. Preparing the athlete for life after retirement. This, in our opinion, should include helping the athlete get an education; since the sports age is short, it is necessary to take care of pension insurance from the very beginning;
8. Public relations. As in any other business, a well-developed media plan is the key to commercial success. To successfully perform these functions, the agent must have extensive professional contacts.

In general, the content of our life, social and cultural life is incomparably large, wide-ranging. Naturally, in every field of work, especially in achieving high results from one's work, health occupies an important place among spiritual and moral qualities. Only people who are healthy and physically strong and agile can work effectively.

If everyone understands this, some people do not pay full attention to maintaining their health and improving it. Even if they are infected with a disease (gastrointestinal, liver, lung, nervous, etc.), they do not bother to treat it. As a result, they suffer from chronic diseases. Their treatment is not easy or cannot be cured. For this reason, strengthening health from a young age and constantly continuing physical training will lead to enjoying the fruits of labor, happiness, and a peaceful life. This can be said to be the pinnacle of a healthy lifestyle.

### **CONCLUSION:**

Students and young people should understand the ways to endure the ups and downs, the heat and colds on their way to the right choice of work and profession.

There is no pleasure without work, and the life of "pleasure" that comes for free or comes is very short.

The family life factor is the basis of social development. The President of our Republic, "If you were asked what the most difficult and at the same time the most responsible profession in the world is, I would say parenthood, coaching. Why, you need to understand the responsibility and consequences of this," he says in a highly philosophical and vital way. Only parents know that there is a very deep and great meaning in this. For this reason, parental feelings, practical activities, and extremely responsible pedagogical processes should be learned from a young age.

Life experiences, pedagogical observations, and conversations with young people show that most young people, when they fall in love and prepare to start a family, do not have a good idea of many life-family relationships, the culture of life and how it will go. After a certain time after the wedding, they encounter life paths. Some want to live only for themselves, while others plan to enjoy all the realities together with their parents. If there are disagreements between young people and parents in both respects, the marriage will not be good and will even cause the bride and groom to separate from each other. The increasing number of such incidents is a very worrying situation. It is very difficult and complicated to prevent such unpleasant situations. Parents who have seen a lot and are spiritually rich will endure any difficulties for the sake of their children's peaceful life, and will spare no effort to provide for them financially.

However, some young men and women do not even think about understanding this. No matter how rich and well-off such families are (they have multi-storey buildings, several of the best cars, etc.), it is clear that they live a spiritually poor, ungrateful life. These situations cannot be called a healthy lifestyle.

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