

The Significance of Encoding and Decoding Mechanisms in Language Education

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Abstract. *This article examines theories on the essential nature of culture and linguistic communication within the context of language teaching. Communication is a dynamic and evolving process that undergoes continual adaptation over time dynamics introduce a range of challenges and intrigue to the learning process. Language education encompasses both verbal and non-verbal aspects of communication, often posing difficulties for learners in understanding idioms, euphemisms, cultural gaps (lacunae), and discourse patterns of the target nation. Learners frequently face confusion and misinterpretation when navigating unfamiliar situations in the target language, struggling with the concepts of message encoding and decoding. All these factors prove the importance of studying intercultural communication in language learning. The research includes an introduction, methodology, result, and discussion stages where recent sources from online and offline platforms were implemented. In addition, some conclusions from the author’s experiences were analyzed and discussed. Encoding occurs naturally and unconsciously within members of the same society, while decoding takes place between speakers of different linguistic and cultural backgrounds. Both processes demand an understanding of the culture, history, traditions, and religion of the respective society. These elements highlight the critical importance of studying intercultural communication in language learning.*

The research incorporates an introduction, methodology, results, and discussion, utilizing recent sources from both online and offline platforms. Additionally, the author’s personal experiences and observations were analyzed and discussed to draw meaningful conclusions.

Key words: *Encoding and decoding, cultural practices, foundational framework, language education.*

Introduction

Global linguistics places significant importance on understanding how language conveys a worldview, reflects cultural practices, and embodies the unique mental and national characteristics of a people. There is an increasing demand to explore the expressive elements of national languages through comparative analysis, identifying the linguistic and cultural traits of figurative language that illustrate a nation’s ethno-cultural identity. These insights also shed light on societal transformations through language and culture.

Intercultural communication examines how culture influences interactions between diverse social and cultural groups. This field addresses the complexities and challenges of communication in settings that bring together individuals from various religious, ethnic, socioeconomic, and educational backgrounds. It aims to understand how people from different cultural contexts behave, communicate, and perceive the world, emphasizing mutual adaptation rather than complete assimilation. This fosters

bicultural or multicultural identities, promotes cultural awareness, and encourages empathy across diverse groups.

The increasing globalization of communication, driven by advances in technology, transportation, and migration, has heightened the frequency of cross-cultural interactions. With a growing number of students studying abroad, the need for deeper research into intercultural relationships—especially regarding the interaction of source and target languages—has become critical. Recognizing this, higher education institutions worldwide are introducing courses and experiences designed to cultivate intercultural communicative competence and global citizenship. While introductory courses in intercultural communication are becoming a staple in various undergraduate programs, resources with a truly international perspective remain limited, and the role of language in intercultural communication is often underexplored.

This article provides a foundational framework for developing skills in navigating the intersection of language and intercultural communication in both domestic and global contexts. It highlights the role of English as a global lingua franca while advocating for the benefits of multilingualism in today's interconnected world.

Definition

The primary objective of teaching encoding and decoding systems in language learning is to equip learners with the ability to interpret and convey both explicit and implicit cues in a target language. This involves mastering the skills of sending and receiving verbal and nonverbal messages effectively. Language acquisition requires learners to follow specific principles, starting with a fundamental understanding of the communication processes that involve encoding and decoding.

Encoding refers to the process of converting information into a communicable form, allowing the sender to deliver a message that the recipient can interpret. Decoding, in turn, involves interpreting and understanding the transmitted message. This dual process is crucial for effective communication and forms the foundation of language teaching.

A key component in teaching language encoding and decoding is distinguishing between the pragmatic and semantic features of statements. Semantics relates to the literal meaning of words or sentences, independent of their context. Pragmatics, however, concerns the interpretation of language within its context, as Yule (1996:4) explains: "the study of language use in context." For instance, the Uzbek phrase *Siz shuyerdasiz* translates literally to "You are here." While semantically, it indicates someone's presence, its pragmatic meaning could vary depending on context, conveying emotions such as happiness, grief, complaint, or even refusal.

Vocabulary acquisition is another critical aspect of language learning. Research indicates that classroom instruction cannot fully encompass the breadth of vocabulary needed for effective communication. Learners of a second language (L2) require exposure to a large number of words to understand various discourse types. However, due to time constraints in formal learning environments, it is not feasible for teachers to explicitly teach all necessary vocabulary (Webb and Nation). This necessitates a focus on pragmatics over semantics in communication, as pragmatic understanding often carries greater significance in real-world interactions.

Yang and Sun (2013) emphasize the importance of nonverbal elaboration—such as gestures, symbols, or images—in enhancing communication. Similarly, understanding idioms often depends more on grasping their contextual meaning than on translating or learning individual words. Scholars like Thi Ngoc Yen Dang, Cailing Lu, and Stuart Webb (2022) suggest that learners are more likely to retain vocabulary when encountering it across diverse contexts.

Ultimately, effective language learning requires learners to prioritize contextual and pragmatic comprehension over isolated semantic translation, enabling them to navigate complex communication scenarios with greater fluency and confidence.

The Uzbek equivalent of the idiom "*mutton dressed as lamb*" does not incorporate a gastronomic reference. Instead, phrases like "*kampir qiz bo'lamon deydi*" or "*qarib quyilmagan*" convey similar

ideas without a culinary element. This distinction underscores the national-cultural nuances of phraseological units, rooted in cultural codes that reflect the heritage and traditions of a people. Gastronomic codes, for instance, often serve as cultural markers in the formation of idiomatic expressions. In Uzbek culture, the dish *osh/palov* is emblematic of their way of life, customs, and traditions. It is central to many rituals, and idiomatic expressions such as *osh bermoq* (preparing and distributing *osh* at significant events) and *oshini yemoq* (literally, "to eat someone's *osh*," meaning to attend their wedding) highlight its cultural significance.

Transformation of Cultural Codes in Phraseology

Product names frequently contribute to the development of idiomatic expressions. Linguistic and cultural codes in such idioms reveal ethno-linguistic complexities. A cultural code is a figurative system of signs reflecting the symbolic essence of culture, while a linguocultural code uses natural language to signify these symbols. Gastronomic signs often carry semiotic and ethnocultural meanings, forming associations in the minds of native speakers that depend on socio-cultural contexts. These signs emerge from deep cultural roots and evolve over time, showcasing a multi-layered formation process.

Cultural codes imbued in idiomatic units convey symbolic meanings unique to each nation. In English linguoculture, for instance, "bread" symbolizes sustenance and hope, "milk" represents purity and justice, and "butter" conveys wealth and softness. These associations are learned from an early age, alongside the native language, reinforcing the integration of cultural codes into everyday communication.

Linguocultural Analysis of English and Uzbek Phraseological Units

An analysis of English idioms involving the gastronomic code of *milk* highlights the transformation of these codes across different contexts:

1. To cry over spilt milk
 - *Milk* as a nutrient-rich food transforms into a social metaphor for wasted opportunities or time.
 - Example: "Don Manuel... was not one to cry over spilt milk."
2. A land of milk and honey
 - Milk and honey symbolize abundance and prosperity, turning gastronomic elements into spatial and aspirational codes.
 - Example: "Look," he said, "this ain't no land of milk and honey like the preachers say."
3. The milk of human kindness
 - Milk transforms into a moral code representing compassion and kindness.
 - Example: "A man just made out of the condensed milk of human kindness."

In these examples, *milk* serves as a pure and universal symbol, adapted into social, spatial, and moral contexts within English culture. Similarly, Uzbek idioms like *sutim og'zimga keldi* (literal: "milk came to my mouth") and *sutini oqlash* (literal: "to repay the milk") illustrate the transformation of *milk* into social and moral codes, reflecting Uzbek cultural values.

Comparative Analysis of Gastronomic Codes

A comparative study of phraseological units involving *milk* in English and Uzbek reveals a 71% equivalence rate. While 36% retain a gastronomic code in Uzbek, 17% share the same *milk* code in both languages. However, non-equivalent idiomatic gaps account for 25%. These gaps underscore cultural distinctions in how *milk* and other gastronomic codes are integrated into phraseological expressions.

Categorization of Phraseological Units with Gastronomic Codes

Based on national and cultural attributes, phraseological units with the *milk* code can be categorized into several groups:

- Mentality
- Cultural peculiarities
- Religious beliefs
- Signs and symbols
- Geographical influences
- Civilization.

These categories demonstrate the interplay between language, culture, and gastronomy in shaping idiomatic

The experiment conducted with 30 ESP learners from Tashkent State University of Oriental Studies provided valuable insights into the effectiveness of two methods for teaching idiomatic expressions using encoding and decoding approaches.

Group A:

This group explored the etymology of idioms in conjunction with the cultural, historical, and religious contexts of the English-speaking world. Students compared English idioms to their Uzbek equivalents, identifying cultural similarities and differences. This approach sparked enthusiasm among learners, as they found the historical and cultural explanations engaging and memorable. The method fostered a deeper understanding of the idioms and their cultural significance, highlighting the interplay between language and cultural identity.

Group B:

This group was taught using the transformation method, which involved explaining the linguo-semiotic model. Students examined how linguistic codes transition into linguocultural codes. While theoretically enriching, this method was less engaging for the participants, as it was perceived as overly complex and abstract. ESP learners found it challenging to grasp and apply, resulting in limited enthusiasm and lower retention compared to Group A.

Key Observations:

The Encoding and Decoding Model of Communication was effectively demonstrated in both methods, showcasing how messages are encoded by a sender and decoded by a receiver within a specific context.

Group A benefited from a contextual and comparative approach, which was more accessible and relatable to the learners, enhancing their ability to retain and use idioms.

Group B faced difficulties due to the abstract nature of the linguo-semiotic model, indicating that this method may be better suited for advanced learners or theoretical linguistics studies.

Conclusion:

The results indicate that incorporating cultural, historical, and contextual explanations (as in Group A) is a more effective method for teaching idioms to ESP learners. This approach not only facilitates understanding but also creates an engaging learning environment. While the transformation method (Group B) has its merits, it may require simplification or adaptation to suit the proficiency level and interests of learners. Overall, understanding idioms through encoding and decoding requires a balance between linguistic theory and practical, relatable context.

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