

OLIGOPHRENIA - CLINICAL SIGNS OF MENTAL RETARDATION.

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Abstract: in today's article, mental retardation, Oligophrenia, i.e. mentally retarded children, is a collective concept, the time of occurrence of mental retardation, the character of the disease experienced, the course of pathological changes, and the level of the issues are covered.

Keywords: Oligophrenia, Greek, "weak-minded", "oligophrenic", Treatment, low-mindedness, low-mindedness, mild form of Oligophrenia.

Oligophrenia comes from the Greek "oligos" - few, few; "fren" is derived from the words "mind" and means "low-minded, low-minded". Oligophrenic children differ from other anomalous children in that cognitive function decreases as a result of organic diseases of the central nervous system, and these defects persist for life. In practice, the terms "mental retardation", "oligophrenic", "dementia" are often used. "Mental retardation" is a collective concept, which includes the time of mental retardation, the nature of the disease experienced, and the course of pathological changes. , considers the issues related to the level. When defining mental retardation, it is necessary to distinguish between clinical, psychological and pedagogical criteria. The clinical criterion is mental retardation and what organic diseases of the central nervous system are related to it, the persistent violation of psychological criteria-cognitive activity; the criterion is low learning ability, which means that the child cannot learn the program materials.^[1]

- Oligophrenia is caused by damage and disease of the child's central nervous system during the period of the mother's womb, during birth and in the period from birth to 3 years. If, due to various reasons, mental weakness appears after the age of 3, it is called acquired mental

weakness - dementia. Dementia is progressive, that is, it gets worse by nature. In oligophrenia, there is no worsening of the defect. Signs: developing mental retardation, usually when the child is 2-3 years old becomes known. Because the child's speech begins after 1 year. Parents pay attention to the fact that the child is lagging behind his peers, lacks movement, language comes out late. For example, even if a child reaches the age of 3, his speech does not develop, he is not interested in toys, his mental activity is very slow. Most of these children are physically stunted. In severe forms of oligophrenia, the child's head is small and cannot hold it upright.

- When the child reaches the age of 5-6, signs of mental retardation become more obvious. His behavior is similar to that of a 3-4-year-old child, some are very stubborn, whiny and stubborn, while others are very lazy and do not pay attention to entertaining events. In the mild form of oligophrenia, the child speaks, does household chores, pays attention to things, but it is known that they are weak in tasks that require mental activity. Such a child cannot perform simple tasks in kindergarten and school, has great difficulty in simple arithmetical addition and subtraction, and is bullied by his peers. That is why a child with oligophrenia likes to play with younger children. It is possible to know how many years he is behind in mental development, depending on how old he plays with children.
- How is the diagnosis made? Unfortunately, in most cases, parents turn to the doctor when the child reaches school age. Often, the fact that the child lags behind in mental development is noticed by educators or elementary school teachers. At such times, kindergarten and school psychologists should be attentive and pass the child psychological tests.
- Treatment. The child is examined by a neuropsychologist or a medical psychologist. A neuropathologist's examination is also necessary to determine the transferred nerve diseases. Treatment procedures are carried out through drugs (glutamic acid, lecithin, folic acid, methionine, magnesium and iodine preparations), various psychological exercises and pedagogical methods. There are special schools with different conditions for such children. In these schools, special pedagogues and psychologists work to restore the child's mental and physical health. Achieving a good result takes several years.[2]
- Doctors often recommend different amino acids. No mental process takes place in the brain without the participation of glutamic acid, methionine, lecithin and folic acid. Mentally retarded children should take these drugs monthly through a special scheme drawn up by a doctor. They have no harm to the liver, on the contrary, they are useful.
- According to the causes of origin, oligophrenia can be congenital and acquired.
- □ Rhesus factoroma mismatch, chromosomal disorders, phenylketonuria, etc. can cause congenital oligophrenia.

- □ Various diseases of the mother during pregnancy - infection with severe viral flu, typhoid, rubella, transmission of various parasites in the mother's body to the fetus, damage to the fetus, alcoholism of the parents, can also cause oligophrenia.
- □ During delivery, taking the child with a vacuum or vacuum extractor, compression of the child's head, long passage of the child through the birth canal, as a result of protracted or, on the contrary, excessively fast delivery, the central nervous system is damaged and oligophrenia appears. possible
- □ Oligophrenia occurs as a result of a child falling ill with various serious diseases (meningitis, meningoencephalitis, damage to the central nervous system) within the period up to three years of age.

Degrees of oligophrenia

According to mental (intellectual) development, oligophrenia is manifested at three levels: 1) stupidity; 2) hypocrisy; 3) idiocy.

Mental retardation is the mildest level of oligophrenia, and such a child cannot be distinguished from healthy peers based on their appearance. They often start their studies in the first grade of a public school, but in a short period of time they are among the underachieving students. In general, children have a lot of difficulty in tasks related to intelligence and understanding, but if they go to an auxiliary school and master the program, they can engage in ordinary work in industrial and agricultural production, in the field of domestic service. Educators and teachers should separate children from other children and ensure their upbringing and education in special kindergartens and schools or involve them in integrated education.

Imbeciles and idiots cannot afford an education even in a remedial school program. ^[3] They are less retarded children in the development of the Ministry of Social Welfare, unfortunately, they are sometimes found in auxiliary schools. They cannot master the auxiliary school program. Idiot children don't even know their own parents. They cannot do it on their own. He cannot serve himself. Imbecile children are not able to lead an independent life, even though they are relatively more developed than idiot children. In institutions under the Ministry of Labor and Social Protection of the Population, they are taught simple knowledge, some simple types of work (self-service, crop care, making cardboard boxes, etc.).

At all three levels of oligophrenia, educators and teachers should be able to distinguish oligophrenic pupils from their healthy peers and children with similar deficiencies. However, distinguishing the mildest degree of oligophrenia - mental retardation from other similar anomalies and from healthy children is actually quite difficult.

Features of development of retarded children.

Stupid children differ from their healthy peers from a young age. In them, as a rule, complex movements of a voluntary form are not developed. They learn to hold their head, sit, walk later, and their speech develops late. Stupid children understand the simple speech of the people around them, but they cannot understand complex words and phrases. Even if there are no gross, unintelligible defects in the speech of a mentally retarded child, many sounds are pronounced incorrectly, such a child's vocabulary is poor and limited. Stupid children also differ from their peers in game activities. They do not understand the game situation enough, they completely obey their healthy peers during the game and play secondary roles.^[4]

A number of cognitive deficits are characteristic of retarded children. My ability to observe, compare, distinguish the important aspects of events and events, and understand the simplest cause-and-effect connections between them remains underdeveloped. A mentally retarded child's thinking, attention, intuition and perceptions, memory, analysis and synthesis skills are not well developed.

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