

PEDAGOGICAL PRINCIPLES OF MENTAL DEVELOPMENT OF PRESCHOOL CHILDREN

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Abstract: Preschool age is a period when the child actively explores the world around him. Preschool children have their own characteristics of psychological development. When he starts walking, the child makes a lot of discoveries, gets acquainted with things in the room, on the street, in the kindergarten. Collecting different things, studying them, listening to the sounds coming from the subject, he knows what qualities and characteristics this object has.

Key words: preschool educational organization, educator, family, mental education, moral education, children,

Mental development of children of preschool age is carried out initially as a result of handling and activities with objects, and then in the process of educational work and productive activities (drawing, clay). Modern pedagogic science is considered to be the main indicators of spiritual development. The task of mental education is defined depending on its content, method and organization. , the science of pedagogy and psychology in order to find ways to effectively solve the tasks of mental education, firstly, to correctly use the child's capabilities, and secondly, to find ways to avoid excessive stress, which can cause general fatigue of the child's body, in preschool education. studies the laws and possibilities of mental development of children.

The results of the psychological-pedagogical research carried out in recent years show that there are great opportunities in the mental development of children during preschool education. All this is necessary to deepen and expand the knowledge, skills and abilities of children of preschool age. By the end of preschool age, children have a large amount of simple knowledge and concepts about the surrounding environment, they acquire the basic thinking process. they become aware of some cause-and-effect relationships, able to distinguish between important and unimportant aspects of things and events. They formed the initial indicators of educational activity. Therefore, it is very important to develop it from the kindergarten age. In the early stages of preschool education, children have imagination education. With the growth of life experience and the development of thinking, creative imagination is formed. For children of preschool age, visual-motional, visual image thinking is typical. Based on this, the word, logical thinking, conceptual thinking is developed. Analytical and synthetic thinking activity is included in the education of children, it is necessary to deeply understand these phenomena, events, and to separate their important and non-important aspects. Curiosity is a characteristic of a child. It is manifested in observing the child to look with interest at the surrounding events, objects and objects, to hold and feel everything, and watch it carefully. The educator organizes observations and tries to answer the questions that arise in time, sending them to search for answers independently. does not allow the curiosity of children of preschool age to wane. The task of intellectual education is

to develop children's curiosity, the accuracy of their minds and, based on this, to create an interest in learning.

Kindergarten has the task of developing children's mental abilities. Abilities are manifested and developed in the course of appropriate activity. A person's intellectual ability can be distinguished by the qualities of his mind, such as intelligence, insight, critical eye, and thoughtfulness. The development of mental skills and abilities, that is, the simplest methods of activity, the examination of objects, distinguishing important and insignificant signs in them, comparison with other objects, etc., is one of the tasks of mental education for children of preschool age. These skills and abilities are components of cognitive activity and help the child to acquire knowledge successfully. For example: after systematic training on introducing plants and animals, children will have a certain idea about some concrete plants or animals. Then, in order to develop children's mental skills and abilities, the educator can plan to conduct the following activities with children: "Compare cotton plant with dandelion plant", "Compare two different birds in a cage" conducting a didactic game and similar events. The most important thing is that it is necessary not only to give knowledge to children, but also to teach them to use the acquired knowledge in solving intellectual and practical tasks. In the early and kindergarten age, children's interest in the environment grows very quickly. Curiosity is a powerful force that drives a child's mental development. Mental development of children between three and seven years of age, formation of thinking is the main task. This is done with the help of fairy tales. A fairy tale is a system of symbols, with the help of which a child interprets the surrounding reality as he understands it. When choosing a fairy tale, it is necessary to take into account the age and spiritual development of children. Fairy tales can benefit children only if the teacher and parents pay attention to this. The use of fairy tales has a positive effect on the development of children's abilities. Using fairy tales, it is possible to achieve high results in teaching children. Fairy tale therapy is also used when working with children. Fairytale therapy is the oldest method. Our ancestors did not rush to punish a criminal child while raising children, but told him a fairy tale, through which the children understood their mistakes. Fairy tales served as a means of moral education and taught children how to live. It is possible to help a child's development a lot if every parent and teacher knows how a fairy tale affects a person's life. As a result of fairy tale therapy, the child feels the support of adults. Also, by perceiving the world of fairy tales, it is possible to create the necessary conditions for the development of the emotional sphere of a preschool child, to enrich it with images and ideas that shape the imagination.

Mental education is of great importance in preparing a child for school education. Acquiring the child's knowledge, developing his mental activity, acquiring his intellectual skills and skills, serves as a source of preparation for the future labor activity, so that he can study successfully at school. Mental activity of a person is a large amount of various systems of general and special mental actions. It is especially important to form mental actions on the scale used in solving many tasks. Such actions include analysis, comparison, generalization. Acquiring both general and special mental activities ensures the development of mental activity and independence. Flexibility and Excitement of mental activity. helps to form the ability to see events in various connections and relationships. The concept of "mental work culture" includes the general orderliness and planning of mental activity, the ability to accept and set a task, choose the methods of solving it, and evaluate the results of the consistent implementation of the developed action plan.

Mathematical tales are used to educate children and develop their minds. A mathematical fairy tale is a fictional text based on the adventure genre. Mathematical stories help children develop

logical thinking. How to develop mathematical abilities and interest in mathematics in preschool children through fairy tales. When using fairy tales in the process of forming elementary mathematical ideas in preschool children, the main attention is paid to its deep understanding, conscious and active assimilation. It should be noted that the regular use of specially selected repertoires of oral tales in the group for the development of mathematical abilities is aimed at developing cognitive abilities and abilities, expands the mathematical outlook of preschool children, promotes mathematical development, improves the quality of mathematical training, provides children with more opportunities .

In addition, modern technologies are developing more and more. We would not be wrong to say that this development has had an impact on the education system and has increased the effectiveness of education to a certain level. Multimedia tools have made it possible for children to listen to fairy tales. besides, the appearance of fairy tales in the form of cartoons has greatly helped children to learn and be very interesting. But it is not recommended to get attached to this process. forms a feeling of affection. Every parent should take this into account. If educators give their recommendations in this regard during conversations and meetings with parents, and if they conduct trainings for the formation of pedagogical skills in parents as well would be appropriate. It is also expected to always use the same stories in the educational process it does not give results, it is necessary to always use new fairy tales. In such conditions new knowledge is connected to each other.

Moral education, mainly moral talks, lectures, evenings, various professions meetings with owners and other means. Before school Moral education in educational institutions is carried out using various means is increased. First of all, children with the help of adults through various activities introducing, training in and out of training is done through Various holidays, social life events, children

literature, music, game materials, mass media - mirror world, radio and others have a great influence on the moral education of children. Small young children develop moral imagination and knowledge only in play activities they master. They are the moral imaginations acquired by children their conscious understanding first in training, then play, work processes, walks, independent activities.

In conclusion, children's knowledge can be further improved through fairy tales.Fairy tales are important in a child's development, especially in their intellectual and moral development is important. In addition, fairy tales children's frame of mind taking into account that it expands and strengthens the memory and fairy tales to children should be chosen based on their interest. In addition, he is an educator using his pedagogical skills to interest the children in fairy-tale heroes if it is adapted and used in the educational process, the effectiveness of education will increase.

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