

The Importance of the "First Step" State Curriculum in Increasing the Monitoring of Children's Preparation for School

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Abstract: This article describes in detail the importance and advantages of the state curriculum "First Step" in increasing the monitoring of the preparation group of the children of the preparatory group of the preschool education organization.

Keywords: First step, curriculum, preparation for school, preschool age, field of development, state requirements, monitoring, physical development, socio-emotional, observation, small field, pedagogue, cognitive process, creative development.

In the state requirements for preschool education, the meaning of the word "requirement" is defined as follows: it is a set of requirements that children of a certain age must know and be able to fulfill. These state requirements are the requirements that children from 0-1 to 6-7 years old, i.e. before school age, should know and be able to fulfill independently.

Indicators of development areas of state requirements are defined as indicators of skills and abilities that can be seen and measured by the child.

Chapter 3 of "State requirements for the development of children of primary and preschool age" describes the main principles of state requirements in detail.

State requirements provide for the integration of development areas and help the child's development. State requirements are divided into five main areas of child development from birth to 7 years. Each area of development is divided into sub-areas, which consist of several requirements (expected development indicators) for each age group. Based on the indicators of the fields, the child will achieve the expected results by the end of the school year. By the end of the school year, each achieved result will be summarized and the monitoring of the child's knowledge, skills and abilities will be determined in each field of development.

Chapter 4 of "State requirements for the development of children of primary and preschool age" is the composition of state requirements, the first area is physical development and the formation of a healthy lifestyle, this area is of great importance in the life of a 6-7 year old child. Physical readiness of a 6-7-year-old child to study at school is important for successful studies. A 6-7-year-old child going to school changes the child's lifestyle and daily routine, the duration of lessons, while in preschool education organizations the main focus is on educational games, while in school education, there is a serious It requires good physical effort and effort. Physical preparation for school education requires a 6-7-year-old child to follow personal hygiene and know cultural hygiene skills. The preparatory group of the preschool educational organization (6-7 years old) is a necessary component of the formation of readiness for school in children.

A 6-7-year-old child can actively participate in the education and upbringing process only if he is physically healthy, and a child who actively participates in the education-education process completes the assigned tasks on time and acquires knowledge. It is very important for the child to be ready for

school education not only physically, but also mentally and psychologically. Because, in determining whether a 6-7-year-old child is ready for school, the state of the child's health and the assessment of the biological maturity of the organism (anthropometric indicators, respiration, muscle, bone, and cardiovascular system) are determined by the multifactorial analysis, the main indicator of readiness for school is primarily used to evaluate the level of development of several physiological functions. These include: good control of movements, the development of the ability to brake, which is important for sitting at a desk for long periods of time during classes, the fine movements of the fingers needed for drawing and writing, as well as the necessary development of the second signal system. These aspects are important in raising the monitoring of the child's preparation for school education

The second field of this "State requirements for the development of children of primary and preschool age" - chapter 4 is social-emotional development, a small field in it;

The concept of "I", the requirement of this sub-field, is determined that the child perceives himself as a positive person with his own characteristics, responds to his own behavior independently. The concept of "I" includes how children perceive themselves, the truthfulness of their perceptions of good and bad, strengths and weaknesses, and their ability to perform certain tasks. It is considered necessary to help them create a true image of themselves and to teach them to solve their problems independently. " should develop the concept. Only then will the child gain self-confidence and find the strength to perform the assigned tasks. As a result, a 6-7 year old child will feel proud of himself and his work.

In the training of 6-7-year-old teachers, there are various artistic evenings, holiday mornings, outdoor activities, organized trips to the school and the district library, and during the summer health months, small theaters and performances are held with the participation of the educators themselves and the children of the training group, as a result 6-7-year-old children become more interested in the organization of pre-school education, activities and activities in centers, and their scope of knowledge expands. The most important thing is that 6-7-year-old children actively participate in organized entertainment hours. a sense of pride arises from the work done. Therefore, it is worth mentioning that this area of social-emotional development can serve to a certain extent in the growth of the school preparation monitoring of a 6-7-year-old child.

Creative development is the fifth area of "State requirements for the development of children of primary and preschool age". This area of creative development is also of great importance in the quality preparation of a 6-7-year-old child for school education and in increasing the monitoring of school preparation. By the age of 6-7, the child's thinking develops very quickly, and the children's questions about all areas indicate that their thinking is active. Educators, parents, if they answer the questions of the child in a vital and correct, realistic way, it will meet the goal. One of the important issues is the development of creative thinking of preschool age children, especially 6-7-year-old children, and education with a sense of love for reading. Together with the child, analyze and read the pictures of the book, divide the read fairy tale into different roles, perform it with the children in various games, and try to resemble the heroes of the fairy tales they have heard, and also make their own independent fairy tales. it is necessary to help them to weave stories, poems and riddles.

In order to enrich and strengthen the child's knowledge, conditions should be created in the preschool educational organization and in the family, and the environment should be made more interesting. The pre-school period is very important in the development of a child. Only if the mental, physical, and moral abilities of the child are improved during this period, we will ensure that our children will be talented, lucky, and educated in the future.

Hand theater, finger theater, shadow theater, puppet theater, etc. These listed theaters are used to develop children's hand motor skills and creative thinking. it can be enriched with the help of various didactic games, origami, kusudami, puzzles, children's dominoes, etc. Developing the creative abilities of a 6-7-year-old child through performances at various holiday mornings and literary-artistic evenings organized throughout the year will have a positive effect. Because, when children participate in the organized festive mornings and literary-artistic evenings, they praise our Motherland, parents, seasons through poems and various dances, they show respect to our Motherland, customs and traditions, our

fathers and grandfathers. his soul is educated, and his knowledge about nature and the environment is strengthened. This will certainly be the basis for the preparation of 6-7-year-old children for school education.

The meaningful organization of children's creative thinking in such an interesting and non-boring way with activities strengthens the student's desire for a preschool education organization and serves to increase the monitoring of school readiness of a 6-7-year-old child, as well as the quality of the child's preparation for school education.

In conclusion, it should be said that at all stages of the development of society, enriching the human heart with qualities such as nobility, goodness, patriotism, honesty, purity, knowledge, politeness, intelligence, hard work was considered the standard of human maturity. It is for this reason that the areas of development are of great importance in the education of preschool children today.

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