

Methods of Control of Explosion Energy Distribution in Rocks

B.Zh.Tursunov

Asian International University, Teacher of the department of "General technical sciences".

Influence of the pulse shape on the formation of the stress field and the mechanism of rock destruction by rupture

The model of the action of an explosion on a medium discussed in Section 3 makes it possible to judge the quality of crushing only by the final results and does not allow one to study the processes occurring in the medium over time, since from the accepted assumptions about the incompressibility and instantaneous transfer of charge energy in the medium it follows that the energy spreads instantly.

In fact, when a charge explodes, the resulting gases under enormous pressure act on the walls of the charging chamber for a certain period of time, which is determined by the time of movement of the ram and the time of expiration of the detonation products from the charge cavity [58, 136]. Since the detonation process is short-term, as a result of the impact action of the detonation products, energy is transferred to the destroyed medium in the form of a wave impulse, under the influence of which the medium is deformed and destroyed. The parameters of this stress wave are predetermined by the shape of the initial impulse and the physical and mechanical properties of the rocks. Thus, by changing the shape of the initial pulse, it seems possible to influence the parameters of the stress wave, which play a certain role in the process of rock destruction, and therefore the final results of the explosion.

A fairly detailed study of the formation and propagation of stress waves during a charge explosion is available only in the case when pressure is instantly applied to the walls of the charging chamber, which subsequently remains constant:

$$P(t) = \begin{cases} 0, & t \leq 0; \\ P, & t > 0, \end{cases} \quad (1.1)$$

where P_0 - pressure of detonation products on the walls of the cavity.

However, as studies have shown, pressure reaches its maximum values after a certain period of time, and then it declines. At the present stage of development of blasting operations, it seems possible to manipulate the shape of the applied blast load, which significantly affects the formation of the stress field that predetermines the process of destruction of solid media by explosion. In this regard, there is an urgent need to study the influence of the shape of the explosive pulse on the formation of the stress field and the mechanism of rock destruction.

When studying the formation and propagation of stress waves from the explosion of a spherical charge in an elastic medium, we will assume that the pressure in the charge cavity changes over time according to the law:

$$(1.2)$$

$$P(t) = \begin{cases} 0, & t \leq 0; \\ \frac{P_0 t}{t_{\max}}, & 0 \leq t \leq t_{\max}; \\ P_0 e^{-\delta(t-t_{\max})}, & t > t_{\max}, \end{cases}$$

where S is the pressure decay rate in the charge cavity, 1/sec;

t_{\max} - time of pressure rise to maximum value;

t - current time.

To find radial and tangential stresses, displacements and displacement speeds for each point of the medium at any time, we will compose a dynamic equation for the elastic element of the medium.

$$(1.3) \quad \frac{\partial \sigma_r}{\partial r} + \frac{2(\sigma_r - \sigma_\theta)}{r} = -\rho \frac{\partial^2 U_r}{(\partial t)^2},$$

Where σ_r, σ_θ - radial and tangential stress, respectively;

U_r - displacements in the radial direction ;

r - distance from the center of the charge to the point under study.

Let's find the general solution to the equation :

$$(1.4) \quad \theta = \frac{\partial(r^2 U_r)}{r^2 \partial r},$$

We get (1.5)

$$\begin{aligned} \sigma_r &= (\lambda + 2\mu)\theta + \frac{4\mu}{r}U_r, \\ \sigma_\theta &= \lambda\theta + 2\mu\frac{U_r}{r}. \end{aligned}$$

Equation (4.3) taking into account (1.4) - (1.6) is transformed to the form:

$$(1.6) \quad \frac{\partial^2(r\theta)}{\partial r^2} = \frac{1}{C^2} \frac{\partial^2(r - \theta)}{\partial t^2}.$$

Therefore, the solution to equation (1.7) must be sought in the form

$$(1.7) \quad \theta = \frac{\varphi(t - \frac{r - r_0}{C})}{r}.$$

After simple transformations we get:

$$(1.8) \quad \begin{aligned} U_r &= -\frac{C}{r}f'(t - \frac{r - r_0}{C}) - \frac{C^2}{r^2}f(t - \frac{r - r_0}{C}), \\ V_r &= -\frac{C}{r}f''(t - \frac{r - r_0}{C}) - \frac{C^2}{r^2}f'(t - \frac{r - r_0}{C}), \\ \theta &= \frac{\varphi(t - \frac{r - r_0}{C})}{r}, \\ \theta &= \frac{\varphi(t - \frac{r - r_0}{C})}{r}, \end{aligned}$$

where V_r - radial displacement speed.

The resulting equation includes the unknown function $f(t)$, which is the solution to the differential equation

$$(1.9) \quad -\rho(t) = \frac{1}{r_0} \left[(\lambda + 2\mu)f''(t) + \frac{4\mu C}{r_0} f'(t) + \frac{4\mu C^2}{r_0^2} f(t) \right].$$

where P_0 - maximum pressure on the walls of the charge cavity;

$$P(t) = \frac{P_0 t}{t} [\eta(t) - \eta(t - t_{max})] + P_0 e^{-\delta(t-t_{max})} \eta(t - t_{max}), \quad (1.10)$$

Assuming that the pressure in the well changes according to the law (1.2), we represent it using the function $\eta(t)$ in the following way:

δ is an indicator of pressure decay in the charge cavity.

(1.11)

$$\eta(t) = \begin{cases} 0, & t \leq 0; \\ 1, & t > 0, \end{cases}$$

$$f(0) = f'(0) = 0.$$

If condition (1.16) is satisfied, then equation (1.13) in operational form is transformed to the form :

(1.12)

$$-\frac{1}{r_0} \left[(\lambda + 2\mu)p^2 + \frac{4\mu C}{r_0} p + \frac{4\mu C^2}{r_0^2} \right] x(p) =$$

From here

$$x(p) = -\frac{P_0 r_0}{\lambda + 2\mu} \left\{ \frac{1 - e^{-t_{max} p}}{t_{max} \rho^2 [(p + \gamma)^2 + \omega^2]} + \frac{e^{-t_{max}(\rho - \delta)}}{(\rho + \delta)[(p + \gamma)^2 + \omega^2]} \right\}$$

Where

$$\omega = \frac{2C\sqrt{\mu(\lambda + \mu)}}{r_0(\lambda + 2\mu)}; \quad \gamma = \frac{2\mu C}{r_0(\lambda + 2\mu C)}.$$

Having determined the original of function (4.18), we obtain:

$$f(t) = -\frac{P_0 r_0}{\lambda + 2\mu} \left[\frac{D + Ct + e^{-\gamma t} (A \cos \omega t + B \sin \omega t)}{t_{max}} \right] \eta(t) -$$

$$- \left\{ \frac{D + C(t - t_{max}) + e^{-\gamma(t-t_{max})} [A \cos \omega(t - t_{max}) + B \sin \omega(t - t_{max})]}{t_{max}} \right\} \eta(t - t_{max}) +$$

$$+ e^{\delta t_{max}} \{ A_1 e^{-\delta(t-t_{max})} + [B_1 \cos \omega(t - t_{max}) + C_1 \sin \omega(t - t_{max})] \cdot$$

$$\cdot e^{-\gamma(t-t_{max})} \eta(t - t_{max}) \},$$

Where

$$A = -D = \frac{2\gamma}{(\gamma^2 + \omega^2)^2}; B = \frac{\gamma^2 - \omega^2}{(\gamma^2 + \omega^2)^2}; C = \frac{1}{\gamma^2 + \omega^2};$$

$$A_1 = -B_1 = \frac{1}{\frac{4\mu C}{r_0} \delta - (\lambda + 2\mu)\delta^2 - \frac{4\mu C^2}{r_0^2}};$$

$$C_1 = \frac{\left[\frac{4\mu C}{r_0} - (\lambda + 2\mu)\delta\right] r_0}{2C \left[\frac{4\mu C}{r_0} \delta - (\lambda + 2\mu)\delta^2 - \frac{4\mu C^2}{r_0^2}\right] \sqrt{\mu(f + \mu)}}.$$

To simplify the research, we assume that the rise time of the maximum pressure in the charge cavity is zero, then expression (1.19) will be transformed to the form:

$$f(t) = -\frac{P_0 r_0}{\lambda + 2\mu} [A_1 e^{-\delta t} + (B_1 \cos \omega t + C_1 \sin \omega t) e^{-\gamma t}].$$

Having determined the first and second derivatives of function (1.20) and substituting their values into (4.9) - (4.12), we obtain dependencies for determining the rate of displacement of radial and tangential stresses over time at various distances from the center of the charge.

Per unit of time, to simplify calculations and make comparisons clearer, the amount of time is expressed in relative units:

$$t' = \frac{Ct}{r_0} - \frac{r - r_0}{r_0}.$$

From the analysis of the obtained dependencies (1.9) - (1.12) it follows that the radial and tangential stresses consist of an acoustic component (inversely proportional to the first power of the distance), a quasi-hydrodynamic component (inversely proportional to the square of the distance) and a quasi-static component (inversely proportional to the cube of the distance).

If the pressure in the charge cavity changes σ according to the law $P_0 e^{-\sigma t}$, then at the moment the wave arrives at a given point in the medium, compressive tangential and radial stresses arise in it, and the formation of tensile stresses lags behind the wave front. Near the charge cavity ($r = 1 + 4 r_0$) tensile tangential stresses exceed compressive stresses at the wave front and since the temporary resistance of rocks to tension is less than to compression, so the first cracks will appear under the action of tensile tangential stresses in the radial direction.

Since the formation of tensile tangential stresses lags behind the wave front, this is one of the reasons why the radial crack front lags behind the stress wave front.

In the zone adjacent to the charge, tensile stresses in the radial direction do not arise and only at a distance $r = 5 r_0$ at $\sigma = 1000$ 1/sec, tensile stresses appear in the radial direction. Having arisen at a certain distance, tensile radial stresses increase with distance and then decrease. Under the influence of these stresses, concentric cracks can appear at a distance several times greater than the radius of concentric cracks caused by the action of compressive radial stresses.

The filmogram we obtained of the process of destruction of a glass model by an explosion of heating element confirms the presented picture of crack formation.

The distance at which tensile radial stresses occur depends not only on the physical and mechanical properties of the rock, but also on the nature of the application of the load in the charge cavity.

As σ increases, the time of action of the effective pressure of the charge cavity decreases, which in turn leads to a decrease in the time of action of the positive phase of the stress wave.

As σ increases, the magnitude of the maximum tensile tangential stresses and concentric cracks formed under the action of radial tensile stresses also decreases.

From the analysis of dependencies (1.9) - (1.12) it follows that with an increase in the radius of the charge with the same nature of pressure attenuation in the well, the duration of the positive phase of the wave and the magnitude of the maximum tangential tensile stresses increase. This in turn leads to an increase in the rate of crack development.

From the analysis of the solution to the wave equation (1.7) it follows that the formation and distribution of the stress field is significantly influenced by the time of rise of the maximum pressure in the charge cavity. In Fig. 1.3 and 1.4 show graphs of changes in the parameters of voltage waves over time at various distances from the charge at $t_{max} = 4 \mu\text{sec}$ and $t_{max} = 31 \mu\text{sec}$.

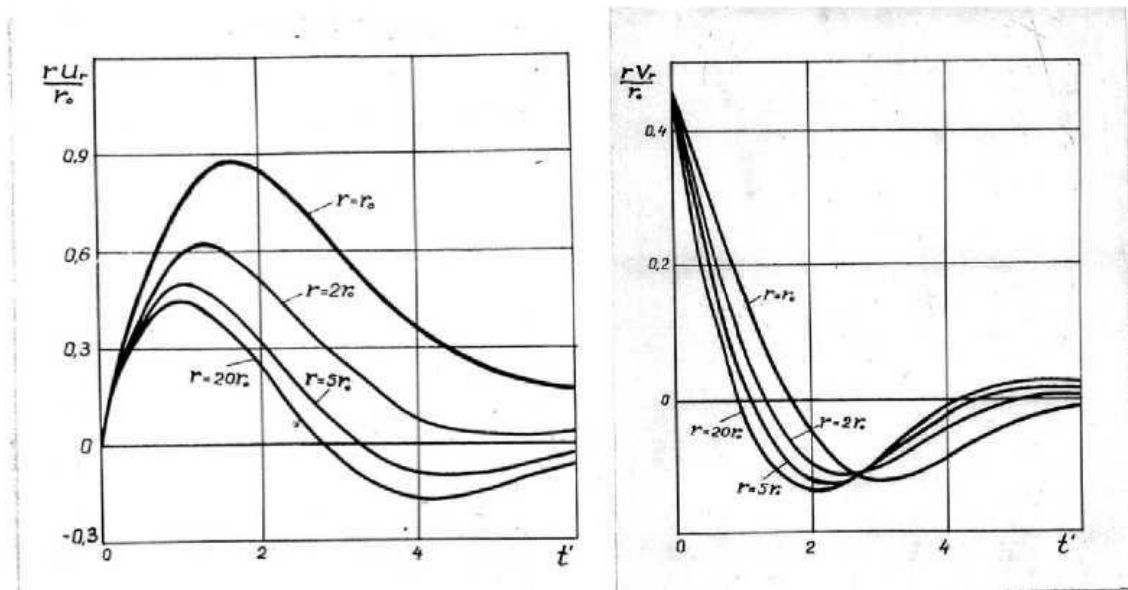


Figure 1.1 - Change in the radial velocity of displacement (a) and displacement (b) over time at various distances at $\sigma = 10000, 1/\text{sec}$

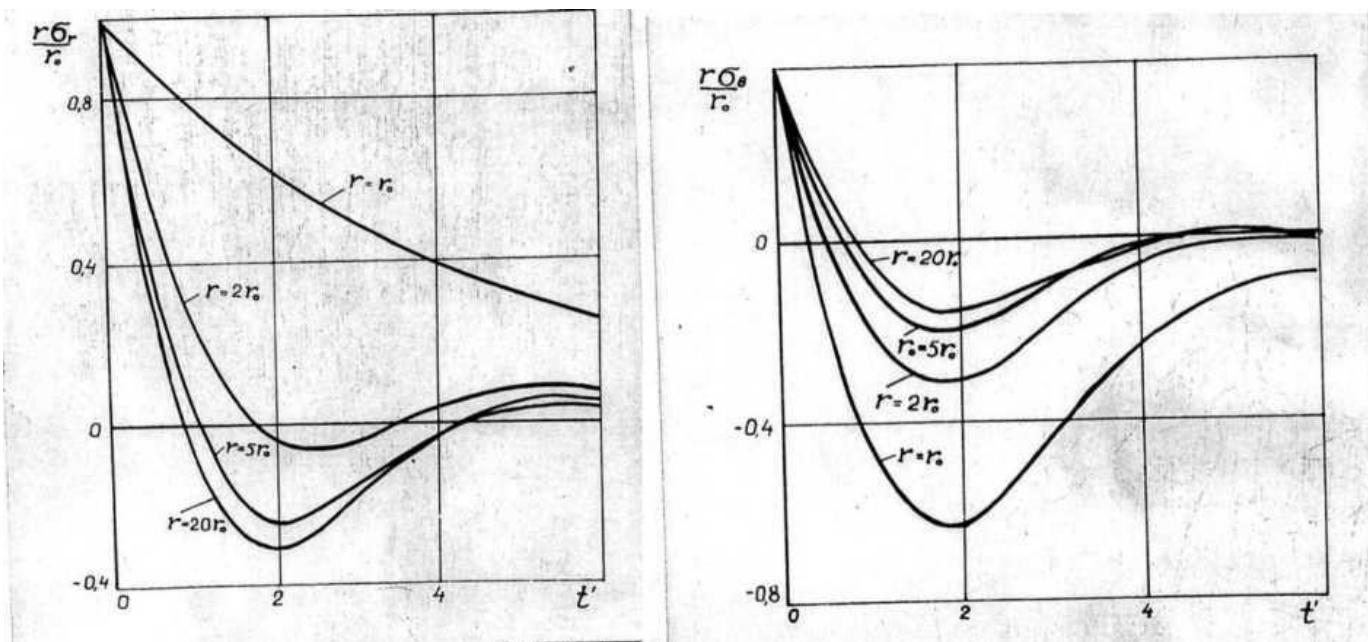


Figure 1.2 – Change in radial (a) and tangential (b) voltages at various distances at $\delta=10000.1/\text{sec}$.

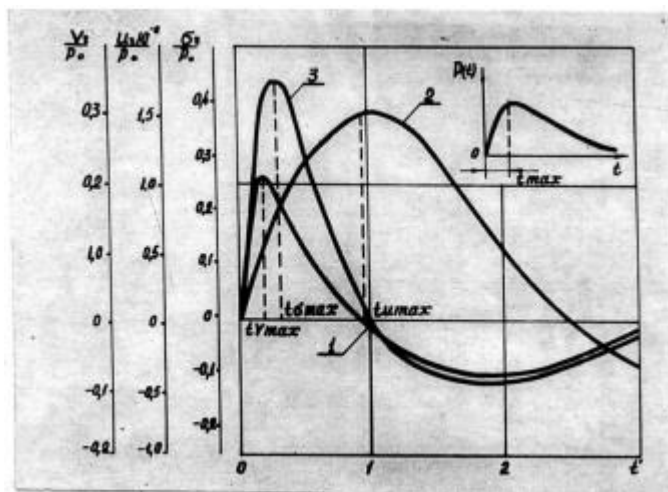


Figure 1.3 – Change in radial displacement speed (1), displacement (2) and radial voltage (3) in time at $t_{\text{max}}=4 \mu\text{s}$

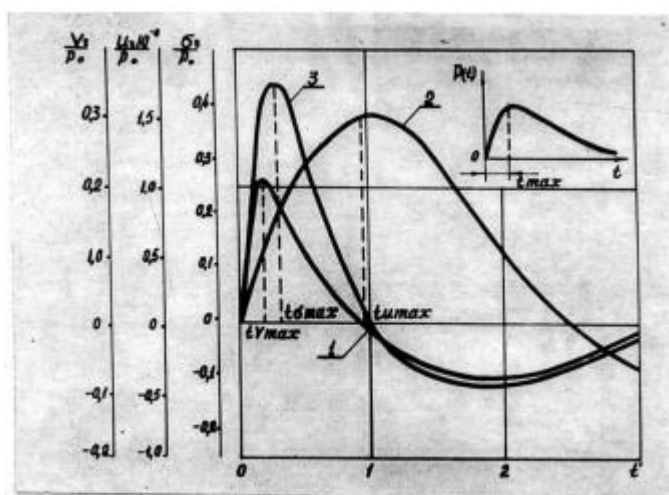


Figure 1.4 – Change in radial displacement speed

(1), displacement (2) and radial voltage (3) in time at $t_{max} = 31 \mu s$

A comparison of the parameters of stress waves at different times of rise of the maximum pressure in the charge cavity shows that with an increase in the time of rise of the maximum pressure in the charge cavity, the time of rise of the maximum of radial stresses also increases.

The higher the modulus of elasticity of the medium and the shorter the rise time of the maximum pressure in the charge cavity, the smaller the difference in the rise time of the maximum displacement speed and radial stress. With an increase in the rise time of the maximum pressure in the charge cavity and a decrease in the elastic modulus, the rise time of the maximum radial stress approaches the time of rise of the maximum displacement. The rise time of the maximum radial stress at a given point in the medium is always greater than $t_{V,max} \leq t_{\sigma,max} < t_{U,max}$, i.e. satisfies the inequality:

Where $t_{V,max}$, $t_{\sigma,max}$, $t_{U,max}$, the rise time to the maximum value of the displacement speed, radial stress and displacement, respectively.

As the pressure rise time in the charge cavity increases, the intensity of the attenuation of the maximum stresses and the maximum displacement speed with distance decreases.

Thus, as a result of research, it has been established that with increasing time of pressure rise in the charge cavity, the intensity of attenuation of maximum stresses and maximum displacement speed with distance decreases.

References:

1. Jurakulov, S. Z. (2023). NUCLEAR ENERGY. *Educational Research in Universal Sciences*, 2(10), 514-518.
2. Oghly, J. S. Z. (2023). PHYSICO-CHEMICAL PROPERTIES OF POLYMER COMPOSITES. *American Journal of Applied Science and Technology*, 3(10), 25-33.
3. Oghly, J. S. Z. (2023). THE RELATIONSHIP OF PHYSICS AND ART IN ARISTOTLE'S SYSTEM. *International Journal of Pedagogics*, 3(11), 67-73.
4. Oghly, J. S. Z. (2023). BASIC PHILOSOPHICAL AND METHODOLOGICAL IDEAS IN THE EVOLUTION OF PHYSICAL SCIENCES. *Gospodarka i Innowacje*, 41, 233-241.

5. ugli Jurakulov, S. Z. (2023). FIZIKA TA'LIMI MUVAFFAQIYATLI OLIH UCHUN STRATEGIYALAR. *Educational Research in Universal Sciences*, 2(14), 46-48.
6. Oghly, J. S. Z. (2023). A Japanese approach to in-service training and professional development of science and physics teachers in Japan. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(9), 167-173.
7. Tursunbek Sadriddinovich Jalolov. (2023). ARTIFICIAL INTELLIGENCE PYTHON (PYTORCH). *Oriental Journal of Academic and Multidisciplinary Research* , 1(3), 123-126.
8. Jurakulov, S. Z. O., & Turdiboyev, X. (2023). TA'LIM SOHASIDA FIZIKANING SAN'AT BILAN ALOQALARI. *GOLDEN BRAIN*, 1(33), 144-147.
9. Jurakulov, S. Z. O., & Turdiboyev, K. (2023). STUDYING PHYSICS USING A COMPUTER. *GOLDEN BRAIN*, 1(33), 148-151.
10. Jurakulov, S. Z. O., & Nurboyev, O. (2023). IN THE EDUCATIONAL FIELD OF PHYSICS LEVEL AND POSITION. *GOLDEN BRAIN*, 1(33), 157-161.
11. Tursunbek Sadriddinovich Jalolov. (2023). ADVANTAGES OF DJANGO FEMWORKER. *International Multidisciplinary Journal for Research & Development*, 10(12).
12. Jurakulov, S. Z. O., & Nurboyev, O. (2023). RELATIONSHIPS BETWEEN THE DIRECTIONS OF FINANCE AND PHYSICAL SCIENCE. *GOLDEN BRAIN*, 1(33), 168-172.
13. Jurakulov, S. Z. O., & Hamidov, E. (2023). YADRO ENERGIYASINING XOSSA VA XUSUSIYATLARI. *GOLDEN BRAIN*, 1(33), 182-186.
14. Jurakulov, S. Z. O., & Turdiboyev, X. (2023). FIZIKA FANINI O'RGANISHNING YUQORI DARAJADAGI STRATEGIYALAR. *GOLDEN BRAIN*, 1(33), 152-156.
15. Муродов, О. Т. (2023). РАЗРАБОТКА АВТОМАТИЗИРОВАННОЙ СИСТЕМЫ УПРАВЛЕНИЯ ТЕМПЕРАТУРЫ И ВЛАЖНОСТИ В ПРОИЗВОДСТВЕННЫХ КОМНАТ. *GOLDEN BRAIN*, 1(26), 91-95.
16. Murodov, O. T. R. (2023). ZAMONAVIY TA'LIMDA AXBOROT TEXNOLOGIYALARI VA ULARNI QO'LLASH USUL VA VOSITALARI. *Educational Research in Universal Sciences*, 2(10), 481-486.
17. Jalolov, T. S. (2023). PEDAGOGICAL-PSYCHOLOGICAL FOUNDATIONS OF DATA PROCESSING USING THE SPSS PROGRAM. *INNOVATIVE DEVELOPMENTS AND RESEARCH IN EDUCATION*, 2(23), 220-223.
18. Junaydullaevich, T. B. (2023). ANALYSIS OF OIL SLUDGE PROCESSING METHODS. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(9), 139-146.
19. Junaydullaevich, T. B. (2023). BITUMENS AND BITUMEN COMPOSITIONS BASED ON OIL-CONTAINING WASTES. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(9), 147-152.
20. Sadriddinovich, J. T. (2023, November). IDENTIFYING THE POSITIVE EFFECTS OF PSYCHOLOGICAL AND SOCIAL WORK FACTORS BETWEEN INDIVIDUALS AND DEPARTMENTS THROUGH SPSS SOFTWARE. In *INTERNATIONAL SCIENTIFIC RESEARCH CONFERENCE (Vol. 2, No. 18, pp. 150-153)*.
21. Bakhodir, T., Bakhtiyor, G., & Makhfuza, O. (2021). Oil sludge and their impact on the environment. *Universum: технические науки*, (6-5 (87)), 69-71.

22. Турсунов, Б. Ж. (2021). АНАЛИЗ МЕТОДОВ УТИЛИЗАЦИИ ОТХОДОВ НЕФТЕПЕРЕРАБАТЫВАЮЩЕЙ ПРОМЫШЛЕННОСТИ. *Scientific progress*, 2(4), 669-674.
23. ТУРСУНОВ, Б., & ТАШПУЛАТОВ, Д. (2018). ЭФФЕКТИВНОСТЬ ПРИМЕНЕНИЯ ПРЕДВАРИТЕЛЬНОГО ОБОГАЩЕНИЯ РУД В КАРЬЕРЕ КАЛЬМАКИР. In *Инновационные геотехнологии при разработке рудных и нерудных месторождений* (pp. 165-168).
24. Турсунов, Б. Д., & Суннатов, Ж. Б. (2017). Совершенствование технологии вторичного дробления безвзрывным методом. *Молодой ученый*, (13), 97-100.
25. Турсунов, Б. Ж., Ботиров, Т. В., Ташпулатов, Д. К., & Хайруллаев, Б. И. (2018). ПЕРСПЕКТИВА ПРИМЕНЕНИЯ ОПТИМАЛЬНОГО ПРОЦЕССА РУДООТДЕЛЕНИЯ В КАРЬЕРЕ МУРУНТАУ. In *Инновационные геотехнологии при разработке рудных и нерудных месторождений* (pp. 160-164).
26. Tursunov, B. J. (2021). ANALYZ METHODODOV UTILIZATsII OTKHODOV NEFTEPERERABATYVAYushchey PROMYSHLENNOSTI. *Scientific progress*, 2(4), 669-674.
27. Tursunov, B. J., & Shomurodov, A. Y. (2021). Perspektivnyi method utilizatsii otkhodov neftepererabatyvayushchey promyshlennosti. *ONLINE SCIENTIFIC JOURNAL OF EDUCATION AND DEVELOPMENT ANALYSIS*, 1(6), 239-243.
28. Tursunov, B. Z., & Gadoev, B. S. (2021). PROMISING METHOD OF OIL WASTE DISPOSAL. *Academic research in educational sciences*, 2(4), 874-880.
29. Jumaev, Q. K., Tursunov, B. J., Shomurodov, A. Y., & Maqsudov, M. M. (2021). ANALYSIS OF THE ASSEMBLY OF OIL SLAMES IN WAREHOUSES. *Science and Education*, 2(2).
30. Tursunov, B. J., Botirov, T. V., Tashpulatov, D. K., & Khairullaev, B. I. (2018). PERSPECTIVE PRIMENENIYA OPTIMAL PROCESS RUDOOTDELENIYA V KARERE MURUNTAU. *Innovative geotechnologies pri razrabotke rudnykh i non-rudnykh mestorojdenii*, 160-164.
31. Boboqulova, M. X. (2023). STOMATOLOGIK MATERIALLARNING FIZIK-MEXANIK XOSSALARI. *Educational Research in Universal Sciences*, 2(9), 223-228.
32. qizi Sharopova, M. M. (2023). RSA VA EL-GAMAL OCHIQ KALITLI SHIFRLASH ALGORITMI ASOSIDA ELEKTRON RAQMLI IMZOLARI. RSA OCHIQ KALITLI SHIFRLASH ALGORITMI ASOSIDAGI ELEKTRON RAQAMLI IMZO. *Educational Research in Universal Sciences*, 2(10), 316-319
33. Sharipova, M. P. L. (2023). CAPUTA MA'NOSIDA KASR TARTIBLI HOSILALAR VA UNI HISOBLASH USULLARI. *Educational Research in Universal Sciences*, 2(9), 360-365.
34. Sharipova, M. P. (2023). MAXSUS SOHALARDA KARLEMAN MATRITSASI. *Educational Research in Universal Sciences*, 2(10), 137-141.
35. Madina Polatovna Sharipova. (2023). APPROXIMATION OF FUNCTIONS WITH COEFFICIENTS. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(9), 135-138.
36. Madina Polatovna Sharipova. (2023). Applications of the double integral to mechanical problems. *International journal of sciearchers*, 2(2), 101-103.
37. Sharipova, M. P. L. (2023). FINDING THE MAXIMUM AND MINIMUM VALUE OF A FUNCTION ON A SEGMENT. *American Journal of Public Diplomacy and International Studies* (2993-2157), 1(9), 245-248.

38. Quvvatov Behruz Ulug`bek o`g`li. (2023). Mobil ilovalar yaratish va ularni bajarish jarayoni. *International journal of scientific researchers*, 2(2).
39. Behruz Ulugbek og, Q. (2023). TECHNOLOGY AND MEDICINE: A DYNAMIC PARTNERSHIP. *International Multidisciplinary Journal for Research & Development*, 10(11).
40. Jurakulov Sanjar Zafarjon Oghly. (2023). A Current Perspective on the Relationship between Economics and Physics. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(10), 154–159.
41. Jurakulov Sanjar Zafarjon Oghly. (2023). New Computer-Assisted Approaches to Teaching Physics. *American Journal of Public Diplomacy and International Studies (2993-2157)*, 1(10), 173–177.
42. qizi Latipova, S. S. (2023). KASR TARTIBLI HOSILA TUSHUNCHASI. *SCHOLAR*, 1(31), 263-269.
43. qizi Latipova, S. S. (2023). RIMAN-LUIVILL KASR TARTIBLI INTEGRALI VA HOSILASIGA OID AYRIM MASALALARNING ISHLANISHI. *Educational Research in Universal Sciences*, 2(12), 216-220.
44. qizi Latipova, S. S. (2023). MITTAG–LIFFLER FUNKSIYASI VA UNI HISOBLASH USULLARI. *Educational Research in Universal Sciences*, 2(9), 238-244.
45. Shahnoza, L. (2023, March). KASR TARTIBLI TENGLAMALARDA MANBA VA BOSHLANG'ICH FUNKSIYANI ANIQLASH BO'YICHA TESKARI MASALALAR. In " *Conference on Universal Science Research 2023*" (Vol. 1, No. 3, pp. 8-10).
46. Axmedova, Z. I. (2023). LMS TIZIMIDA INTERAKTIV ELEMENTLARNI YARATISH TEXNOLOGIYASI. *Educational Research in Universal Sciences*, 2(10), 368-372.
47. Jalolov, T. S. (2023). Solving Complex Problems in Python. *American Journal of Language, Literacy and Learning in STEM Education (2993-2769)*, 1(9), 481-484.
48. Azamat Orunbayev. (2023). USING TECHNOLOGY IN A SPORTS ENVIRONMENT. *American Journal Of Social Sciences And Humanity Research*, 3(11), 39–49. <https://doi.org/10.37547/ajsshr/Volume03Issue11-07>
49. Azamat Orunbayev. (2023). FITNES VA SOG'LOMLASHTIRISH BO'YICHA MURABBIYLIK YO'NALISHIGA KONTSEPTUAL YONDASHUV. *Research Focus International Scientific Journal*, 2(8), 23–28. Retrieved from <https://refocus.uz/index.php/1/article/view/431>
50. Azamat Orunbayev. (2023). PANDEMIYA DAVRIDA MOBIL SOG'LIQNI SAQLASH VA FITNES DASTURLARI (PROGRAM). *Research Focus International Scientific Journal*, 2(7), 37–42. Retrieved from <https://refocus.uz/index.php/1/article/view/414>
51. Azamat Orunbayev. (2023). APPROACHES, BEHAVIORAL CHARACTERISTICS, PRINCIPLES AND METHODS OF WORK OF COACHES AND MANAGERS IN SPORTS. *American Journal Of Social Sciences And Humanity Research*, 3(11), 133–151. <https://doi.org/10.37547/ajsshr/Volume03Issue11-16>
52. Azamat Orunbayev. (2023). GLOBALIZATION AND SPORTS INDUSTRY. *American Journal Of Social Sciences And Humanity Research*, 3(11), 164–182. <https://doi.org/10.37547/ajsshr/Volume03Issue11-18>