

**COMPARISON OF MORPHOLOGY AND MORPHOMETRIC  
INDICATORS OF LIVER TISSUE IN NON-WHITE RATS UNDER THE  
INFLUENCE OF 3 DIFFERENT TYPES OF OF ANTI-INFLAMMATORY  
DRUGS IN NORMAL AND POLYPHARMACY**

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**Abstract.** In order to improve the effectiveness of treatment, the desire to help the patient get rid of all the diseases that have developed in him inevitably leads to the appointment of many drugs - drugs (medicines) - which, in turn, leads to polypharmacy in the patient. Polypharmacy is a serious problem of the healthcare system, which is clinically manifested by a decrease in the effectiveness of pharmacotherapy and the development of unwanted adverse reactions, as well as a significant increase in healthcare costs. The term "polypragmasia" is often used in the medical literature, but there is no generally accepted definition. For this purpose, the parameters of comparing the morphometric indicators of the liver of white rats in normal condition and under the influence of anti-inflammatory drugs in polypharmacy were studied. The goal of the work was to fill in the data on morphological and morphometric parameters of liver tissue.

**Key words:** morphometry, morphology, polypharmacy and inflammation

Currently, according to the World Health Organization, polypharmacy is one of the problems of the 21st century. Anti-inflammatory drugs are among the most commonly used drugs. Recently, polypharmacy has become a serious public health problem as a result of iatrogenicity. Reducing the pharmacotherapeutic properties of drugs causes an increase in the cost of treating patients. As a result, it shows that the problem of polypharmacy is not only a medical, but also a social problem, and finding a solution to it is an urgent task.

According to the world, at present, treatment of anti-inflammatory drugs in polypharmacy is carried out in the provision of medical care to patients of any age. Along with other organs in the body, scientific studies are being conducted to study the effect of polypharmacy on the liver,

various pathological conditions that occur in the liver under the influence of drugs, as well as the morphological changes of the liver.

Diseases that occur in the liver under the influence of drugs, their complications are studied, and preventive methods of treatment are recommended. However, there are very few studies devoted to the study of the morphological changes that can occur in the liver under the influence of several anti-inflammatory drugs at the same time.

Aims and objectives: to determine and evaluate the characteristics of morphological changes in the liver parenchyma of five-month-old white rats under the influence of anti-inflammatory drugs in polypharmacy. to determine the morphological changes of the liver of laboratory animals with simultaneous use of two anti-inflammatory drugs; to determine the morphometric changes of the liver of non-white rats with the use of two anti-inflammatory drugs at the same time;

Materials and methods: During the examination, a total of 40 liver tissues, divided into two groups, were pathologistologically examined based on macroscopic and microscopic studies of liver tissue. For general morphology, 2 pieces of each liver, i.e., a large piece and a 1.5x1.5 cm piece from the middle part, were cut and frozen in 10% neutral formalin. After washing in running water for 2-4 hours, they were dehydrated in increasing concentrations of alcohols and xylene, then paraffin embedded and blocks were prepared.

5-8  $\mu\text{m}$  sections were prepared from paraffin blocks and stained with hematoxylin and eosin. The following anti-inflammatory agents were used to study the effects of polypharmacy in experimental groups of white rats in the experimental group:

Results and conclusions. White rats taken for the experiment were divided into 3 groups (n=50): I-group – (intact) control (n=20); Group 3 – white rats that received 3 different nonsteroidal anti-inflammatory drugs, paracetamol 15 mg/kg, aspirin 5 mg/kg, ibuprofen 6 mg/kg (n=50); Doses of this drug were calculated empirically and administered intragastrically every day for 10 days in the form of a solution.

From the 141th day of development to the 150th day, rats in the Control group of white non-breed rats were given 0.5 ml of distilled water intragastrically through a metal probe for 10 days. Sections taken from the liver of purebred rats were morphometrically examined, and the size of liver parenchyma and hepatocytes was measured using an ocular micrometer, in which we used a trinocular microscope manufactured in China.

The third group was the introduction of two types of anti-inflammatory drugs and the study of the morphological and morphometric changes in the liver parenchyma system called "morphology and morphometric characteristics of liver tissue in non-white rats".

Sections taken from the liver of rats were examined morphometrically, and the size of liver parenchyma and hepatocytes was measured using an ocular micrometer. The introduction of three types of anti-inflammatory drugs and the study of morphological and morphometric changes in the liver parenchyma system, the use of a complex of anti-inflammatory drugs (IAD) drugs as described above led to the appearance of various changes in the liver parenchyma of rats.

The weight of rats of the third group was from 200 to 250 g, the average was  $225 \pm 6.98$  g. The third group of rats had liver mass from 7.6 to 9.8 g, average -  $8.09 \pm 0.26$  g, liver length 2.9-3.7cm, average  $3.3 \pm 0.1$ cm, liver high and the distance between the lower edges was 2.2-2.6cm, the

average was  $2.4 \pm 0.07$  cm, the thickness was 2.8-3.2 cm, the average was  $3.0 \pm 0.9$  cm. The cross-sectional size of liver hepatocytes varies from 19.0 to 26.0  $\mu\text{m}$ , the average is  $24.6 \pm 0.76$   $\mu\text{m}$ , the average cross-section of hepatocyte cytoplasm is from 403.0  $\mu\text{m}^2$  to 675  $\mu\text{m}^2$ , the average is  $568.7 \pm 17.26$   $\mu\text{m}^2$ . The number of binuclear hepatocytes per 100 hepatocytes ranges from 9 to 16, with an average of  $13.2 \pm 0.40$ .

The diameter of the central veins ranges from 46.0 to 66.0  $\mu\text{m}$ , with an average of  $57 \pm 1.76$   $\mu\text{m}$ . The diameter of interlobular veins is from 20.0 to 34.0  $\mu\text{m}$ , the average is  $28.54 \pm 0.88$   $\mu\text{m}$ . The diameter of interlobular arteries ranges from 10 to 15  $\mu\text{m}$ , with an average of  $13.04 \pm 0.41$   $\mu\text{m}$ . The size of bile ducts ranges from 15.0 to 28.0  $\mu\text{m}$ , the average is  $21.8 \pm 0.68$ .

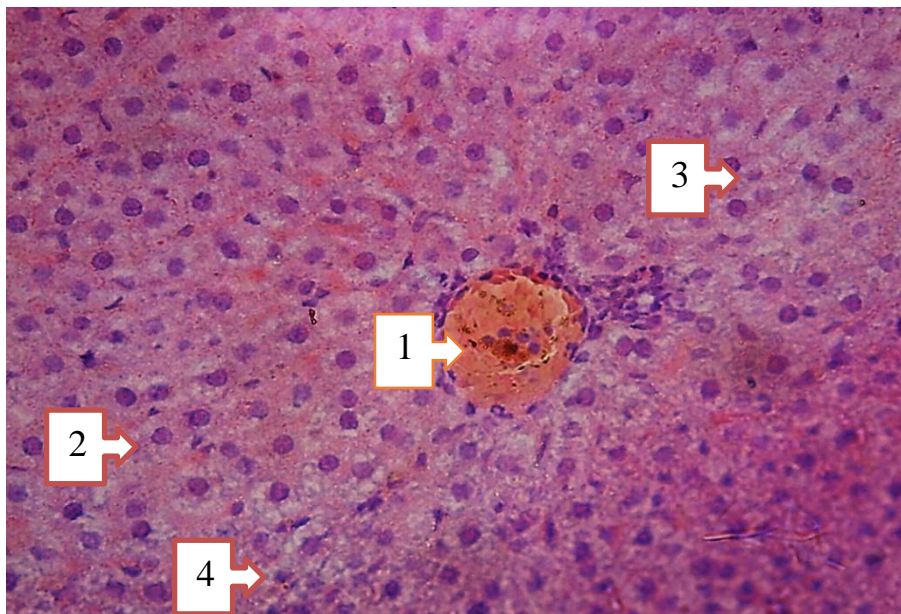


Figure 25 The central vein is full, surrounded by lympho-leukocyte infiltrations (1), the interlobular vein is full (2), fatty dystrophy (3), degeneratively changed hepatocytes (4)

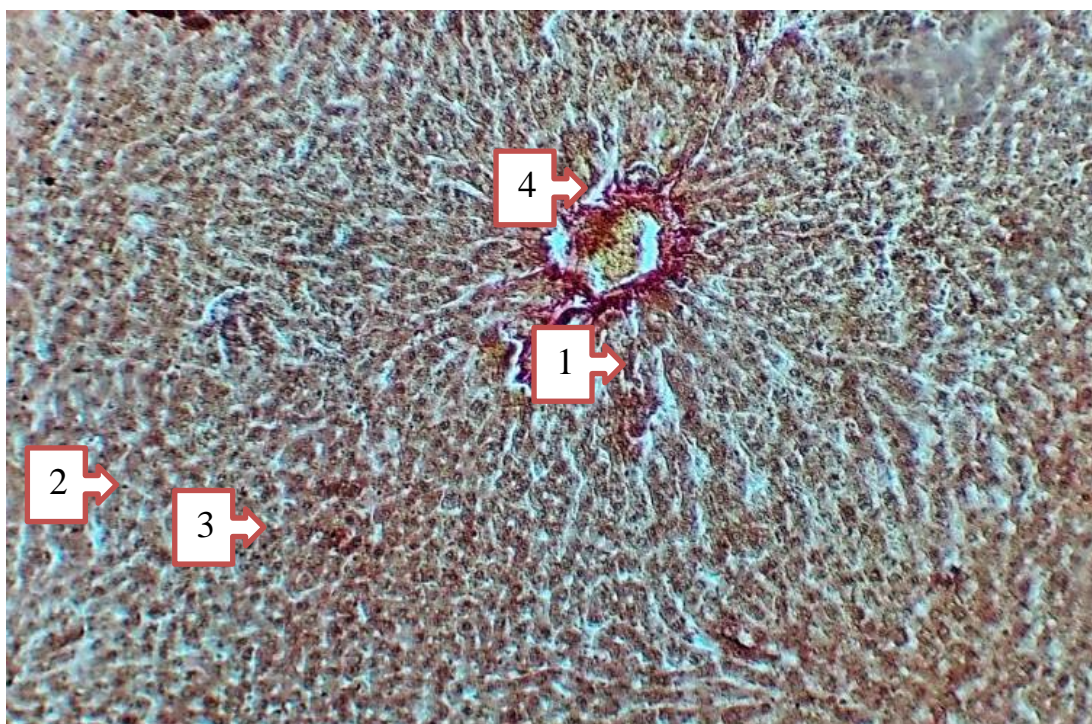


Figure 2 The central vein is full, surrounded by lympho-leukocyte infiltrations (1), the interlobular vein is full (2), fatty dystrophy (3), degeneratively changed hepatocytes (4). Paint Van-Gieson. 10x20 ob.

Thus, administration of a complex of steroidal anti-inflammatory drugs (SAID) drugs as described above led to the appearance of various pathomorphological changes in the liver parenchyma in rats. it is recommended to include hepatoprotective agents in treatment regimens.

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- These data allow to distinguish pathologies using a microscope and to compare cells with each other, knowing the normal indicators in the liver.  
- Histological methods of analyzing the morphofunctional state of the liver are widely used in the diagnosis and differential diagnosis of liver diseases of various etiologies.

- These data can be used to fill out microscopic and macroscopic data during the educational process for students in the histology and pathology departments of medical institutions.

- Knowing the parameters of comparison of the morphometric indicators of the liver of non-white rats in normal condition and under the influence of anti-inflammatory drugs in polypharmacy makes it easier to make a pathologistological diagnosis.



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