

Technical - Tactical Actions of Young Football Players in Attack Organization

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Abstract. This article describes how important it is for the player to improve the technical and tactical movements, the movement and technical activity of the player, the transition during one-on-one meetings and various initial situations, the high technical qualities developed for the effective performance of the game.

Keywords: technique, tactics, movement, attack, kicking, football, ball.

Well-known football coaches V.V.Labanovsky, K.I.Beskov, V.A.Maslov are not easy for strikers on the field, the fight in the opponent's field is often led by strikers, but a talented striker can often win in these fights and score a goal.

Effective completion of the team's attacks is mainly entrusted to the players who play in the attacking ampoule. In the active play of the attacker in the attack, it is necessary to have a high level of physical speed, strength, agility, technical - tactical actions.

Famous French coach M. Idealgo (1985) comments on M. Platini's game: Platini is a player who can finish his attacks. His shots on goal always looked dangerous. Platini's greatest achievement is his ability to shoot well with the head and feet.

M. Platini emphasizes this in his games, my teammates have a big role in my effective performance in attack, because in today's football, the striker can't do anything alone.

In the European Championship of 1984, the French national team became the first in Europe, and M. Platini's services are high in the reliable performance of the team. During the championship, Platini was the best striker and scored eight times.

Defensive players have a great responsibility in football matches. Several football experts have studied the technical and tactical movement of defenders on the field in their research work.

Lyukshinov (1965), N.V. According to Kulizhinsky (1969), M. Millyan (1980), Kucherenko (1981), only one or two players moved in defense during the first years of football matches. In recent years, changes in football laws and regulations have increased the demand for defenders.

A. Kalinin (1967) emphasizes that all the defenders of the team should be physically strong, tall, able to see the field, especially the central defender should play actively, and lead the side defenders in the game situations.

Defensive players perform many technical and tactical actions on the field, such as passing the ball to a long distance, catching the ball, jumping and looking for the ball in the air, playing with the head.

When a long ball is passed by the opposing players, the defenders jump to take possession of the ball or throw it out of the field. When receiving a high pass, the defender must have a good level of confidence.

Jumping and hitting the ball with the forehead is performed on one leg, on both legs, looking up. The jump is the preparatory phase of the shot. The elbows are slightly bent and the shoulders are pushed up to the chest, which ultimately helps to increase the height of the jump. At the moment of depression, the head is pulled back - the body leans back. The kicking action begins when the jump reaches its peak or just before. It is necessary to accurately target the jump with the trajectory of the ball. Hitting the ball is performed at the highest point of the jump and when the body and the head are hitting the frontal plane.

The defenders made few mistakes in passing the ball and stopping the ball due to their movement in the backfield. But the ball that comes in the air causes trouble for all the players.

The purpose of stopping the ball in football matches is to delay the speed of the rolling or flying ball in order to make the next necessary actions.

Taking away the ball is one of the main technical actions of defenders. In order to effectively take the ball away, it is necessary to know the defender's ability to assess the situation, that is, the distance to the opponent and the ball, their speed of movement, how the players are standing.

Defenders often find it difficult to play against fast attacks. Therefore, the team's midfield players should also help the defense. In the course of the game, the two attacking players will not find it difficult to move effectively against their two defenses and score a goal. A large number of defenders does not create such a situation.

The defense of the whole team creates difficulties for the opposing teams. Defensive tactics involve organizing the actions of the team that is not in control of the ball in such a way as to neutralize the opponent's attack on one side.

Currently, a model characteristic of technical and tactical movement of players is being developed. Of course, it is necessary to make it easier for coaches to improve their plans for preparation and participation in the game without limiting their creative possibilities. In particular, it is important to coordinate the number and quality of the players in accordance with the general team game plan and the appropriateness of the execution of an action. Programming the process of training highly qualified players is one of the most important issues of modern football, and can be a clear example.

In particular, international meetings are very slow. In this, the players protect not only the honor of their club, but also the honor of their country. Tracking the movement of players allows you to determine the time and number of possessions during 90 minutes.

The continuous development of the football sports network, the improvement of the image of the game. Technical and tactical actions are studied by football experts and a number of scientific works are carried out. For example, M. Sumpov (1960) studied the characteristics of the number and quality of shots directed at the goal and provided some information. N.M. Lyukshinov (1965) analyzed the movement activity of players during the game.

S.A. Savin (1968), Yu.P. Ilichev (1968) showed the effectiveness of movement activity of highly skilled football players. After that, the pedagogical control of the competitive activity took on a mass character. In order to improve the organization of training of football teams, an attempt was made to collect information on the activities of the players in the game.

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