

The Youth's Education as an Essential Factor of Increasing the Effectiveness of Education

Sh. Abdufatayev

Abstract

In the article, it is highly mentioned that mature generation should not be consumers, but the creators and devotees of our modernized society, one of the main purpose of pedagogues and thoughts on conducting training on the process of personal development with students are described.

Keywords: happiness, positive qualities, the ideal man, the perfect person, sense of pride, the development of intellect, the readers, the new way of thinking, comfortable living in the new Uzbekistan.

To make today's youth not only materially, but also spiritually free, to separate friend from enemy, to embody and form universal values along with the national idea, to regularly shape their intelligence, thinking, and spirituality. needed.

When it comes to speak about family, child-rearing, the role of parents in the family talk, genuine human qualities of the people of uzbekistan one of the "O'tkan kunlar" by Yusufbek Khodji the protagonist of the novel: "no one from this house was not going to be disgruntled" - great life philosophy is profound in that sentence the incarnation of specific people realize. Parents of children in front of the duties, of their own judgment prosperous executive (to put a good name, a good teacher donating to the release of literacy, educated, professional, make a craft, married,) has debt.

RESULTS

By fulfilling their duties, they set an example for their children, and also show that it is possible to find a worthy place in society by raising a well-rounded generation.

This condition at a glance it seems simple, but that have left an indelible mark in the life of the human family is great considering growing beneficially simple find operation in the hands of a humble man, first president Islam Karimov's "*dream of harmoniously developed generation*", "*high spirituality-engilmas power*" and "*the mother of our country and the happiness and bliss is to serve the highest iqboli in the way of the future*" in the game, as the family's role in society is incomparable to'xtalmaganliklariga we will make sure that no accident.

It is our national characteristic to care about the future generation and strive to raise a healthy and mature generation. Whether it is a family, a neighborhood or an educational institution, the development of young people is considered an urgent issue.

DISCUSS

It is clear to all of us that the achievement of our great goals and noble intentions, the renewal of our society, the development and prospects of our lives, the effect of our plans, and the success of our ongoing reforms are all closely related to the problem of training highly qualified,

conscious specialists who meet the requirements of the time. After all, the way to the human heart begins with education. It has been proven in the world experience that the proper implementation of education and training of competitive personnel determines the country's prospects.

In today's fast-paced era, changes in people's consciousness and thinking require every person to take a deep look at the changes taking place in the world. In particular, this process places great responsibility on the leaders.

In the same place, here the question arises: What are the qualities must have a leader today?

State policy efforts aimed at ensuring progress and prosperity in the wisdom of the event will be at the show and consistent accuracy. The head of state and the wisdom of the development of the country. The first president of Uzbekistan, implementation of the national program for the training of the younger generation in the field of policy attention to exactly so in essence I was able to.

Most of those who rose to positions of leadership the great, the most holy task-education, the knowledge given out to the people, should consist of a career serving diligently to get high.

We east as well as parents, teachers we are people who value respect. The fathers from the beginning, our perfect use carefully and skillfully to master this method were used. They come from many years of experience in the way of the disciples identities, and educational tools - knowledge of school life were created through a spring enriched with the oriental thought.

Musa al Khwarizmi practical experience of this place to the world, Temporarily Ahmad, Abu rayhan Biruni, Abu Ali ibn Sina, Imam al-Bukhari, Al-Hakim at-Termizi, Najmiddin Kubro, Aziziddin Nafasiy, Abu Mansur Moturidiy, Ahmad Yassaviy, Bahouddin Nakshband, Alisher Navoi as thinkers-the ones it enlightenment, Amir Temur, Jaloliddin Manguberdi, Mirzo Ulugbek, Muhammad Babur like manly and brave-guardians of valor, it will deliver the unique mind.

"The ability to realize the attention of our children from childhood, giving them the fullness of all to mobilize if we have many more Beruniy, and Ibn Sina's were out of Ulugbek", says President SH.Mirziyoyev.

As pedagogues, our main task is to teach and accustom the young generation to do good deeds, to turn them away from bad and inappropriate deeds, in this way we use the traditions of national education, the works of great scholars, folk wisdom, our grandfathers and grandmothers. If we use them, our work will undoubtedly be productive and efficient. After all, it is said in the Holy Qur'an, "I have honored the son of man in everything." It is said in the hadith, "He who is given intelligence will be saved."

The idea of a perfect person is an idea that has both national and universal essence. This idea led not only individuals, but entire nations to high development, inspired them to unparalleled achievements in spirituality and enlightenment. Dreaming of perfection, caring about the upbringing of generations, striving to raise a healthy, mature generation are our national characteristics, and this direction encourages us to acquire the science of ethics.

It is not wrong to say that just as every person is a world, his morals and manners are also a very complex world. Because studying the outer and inner world of a person, especially the world of the soul, is a state related to the psyche.

As F. Attor said, "The soul is inside a person, so you should travel inside yourself." A perfect person should search for his "I" from his inner world. "An ordinary person can also reach the level of perfection. Its source is knowledge," says Imam Ghazali.

Therefore, each of us should start reforming our society by reforming ourselves. When a person changes, society changes. A deeply conscious approach to self-understanding strengthens self-education. Self-education is an activity aimed at changing a person's personality. Being able to manage oneself consciously helps the soul and body to be healthy. "The goal of the human body

is to achieve the highest happiness - happiness; first of all, he should know what happiness is and what it consists of, take its achievement as an idea and the highest goal, and be fascinated with it with his whole body.

Then it is necessary for him to find out what the work, actions and means leading to this happiness are. And then it will be necessary to start doing things that will bring happiness - says Abu Nasr Farabi.

This is according to the scriptures "Beautiful fullness the basis of a human trait" conducted a survey on the topic. The survey was conducted the city of Andijan Secondary school number 11 , in a 9th grade students. The survey questions the following:

- What can I say to achieve happiness?
- How your positive qualities and negative qualities are there?
- The people around you how much will that cost?
- What would I have to lose the quality of your negative?
- Can you be a perfect man?

Break down requests, when those understudies portray positive characteristics to accomplish bliss and the individuals who give data about their viewpoints.

I had great moves the crowd to assess them. Of the two, expressing that the crowd would put irritate them furious and because of a similar speed. In three individuals around tevarak offered the expression that they didn't know unequivocally how to assess them. Negative measures in this regard and how you should be losing the quality of students that they did not know precisely were written.

Many of them are those who show their parents as the ideal man. Did you give sincere answers to the questions students? To what extent readers responses close to the truth?

The purpose of training: unpleasant circumstances of special knowledge, skills and qualifications to be able to, psychological, rational strain development, to forgive and forget, effective communication is to know the set of sincerity, friendship, cooperation teach.

Task.

- Identity correction:
- Formation of creative motivations:
- Expected result:
- Elimination of shortcomings and negative feelings in students:
- Improving the personality of the student:

Specific features of training.

Psychologists from this training class can be used in implementing psixokorreksiya the heads of readers.

Style:

- Training emblem.
- Trea's motto.
- Dating: "Questions you didn't expect" moment.
- Folk wisdom.
- Line exercise.
- "Positive thinking in difficult situations" exercise.
- "Waterfall" relaxation exercise.

- Golden rules of goal setting.
- My bookshelf.
- "History of the Eagle" video screening.
- Essay "My Ideal Man".

Training progress.

Introduction.

- Introducing training rules, goals and objectives.
- Introduction to the methodology and exercises conducted in the training;
- Rules:
- Activity;
- Voluntary participant;
- Observance of time;
- Respect the opinion of others;

1. The training emblem is determined. "Happy note".

2. The slogan of the training:

"Happiness - you will not find it if you look for prospects, fulfill your human duties, happiness - fate will come looking for you."

3. Moment of questions you did not expect:

- Who named you? Do you know its meaning?
- What do you mean by family happiness?
- Your future dream?
- Do you forgive someone who hurts you?
- Do you consider yourself an introvert?
- Can you describe yourself as a person and your shortcomings?
- From whom do you expect to receive such a gift on the holiday?
- Do you feel embarrassed if you hurt someone?
- If you were to become a teacher, how would you start?
- What do you think about when you are sad?
- What is your favorite activity?

4. Folk wisdom (interpreted).

- It is not a smart person's job to be sad and sorry for the past.
- The lightness of the face is due to the correctness of a person's nature.
- It is not a person who has a lot of wealth, but a person who is satisfied with his ego is rich.
- Work protects a person from three evils: heartbreak, moral corruption, neediness.
- It is easier to love someone than to hate them, it is easier to be happy than to be unhappy.
- Whoever does good to his parents, Allah will increase his life.
- The greatest of troubles is wasting time.
- Strong people are always simple.

- Those who have high aspirations will also have many worries.
- It is also a rare virtue to be able to keep silent rather than talking pointlessly.
- Falling is not a sin, not standing up when you fall is a sin.
- As there are keys for locks, there are always solutions for problems.

5 "Line" exercise.

A line is drawn.

Pupils move along the numbers in them. They are asked questions.

- How would you rate your relationship with your parents?
- How many grades do you study in mathematics?
- How would you rate your relationship with your class teacher?
- How would you rate your cooking?
- Are you a responsible person? How much do you rate? And so on.

6. "Exercise of positive thinking in difficult situations"

They are taught to assess conflict situations objectively and see the positive aspects.

That is, negative qualities are turned into positive ones. The factors causing the conflict are written on the paper and the ideas to get out of these situations are written.

7. "Waterfall" relaxation exercise.

Imagine that you are standing next to a waterfall, and you feel yourself being relieved. Take a deep breath and exhale. Feel a deep relaxation. Try to relax. Keep yourself free. Lawn around you. Dew drops on it. Beautiful nature. Birds. Butterflies. Smile. I am calm, I feel good, I love life, I am happy, say. Say, "I forgive the people who hurt me, and whoever I hurt, I also forgive myself."

Golden rules of goal setting. (Slide show).

- Dream;
- Clear goal;
- College;
- Enthusiasm;
- Affirmation;
- Subconscious;

9. "My bookshelf".

Pupils are asked about the content of their family library and the last books they read. Explain the importance of bibliotherapy.

10. Writing an essay on the topic of the video showing the history of "Berkut". Homework.

Participants: 9-graders.

Training duration: 40 minutes.

The final part: training and completes the overall conclusions said.

If a person does not know his essence, there is an imbalance of the subconscious mind, and a feeling of dissatisfaction arises from it. Then he begins looking for artificial ways to raise his mood.

The natural basis to get rid of such a social vice is to discover the true nature of man. The spiritual and moral factor helps to understand the meaning of human life. This, in turn, prevents some psychological and mental diseases, gives people a healthy, lively life.

Preservation and another improvement of unique human qualities in people is an urgent issue. Raising our children as worthy sons and daughters of a free and democratic Uzbekistan should be the main focus of our work in the field of spirituality. At the current, historically new stage of our republic's development, one of the most important and primary tasks of education in all institutions engaged in the education of the young generation is not only to educate students, but also to ensure that their moral skills and outlook are at the level required by the times. should be to make use of all possibilities.

Formation of a healthy generation is an important process that has become a priority policy of the state. Now, in the conditions of our independent republic, educational tools are being applied to the content of education.

In fact, teaching educational subjects is more difficult than teaching the basics of science with educational content. Therefore, specific methods and tools in this regard have not been fully formed.

The demands of the reform also require a new approach to mastering the sciences. We can say with pride that we are the descendants of scholars who made unparalleled discoveries, their legal heirs. Therefore, the 21st century should be the century of humanity, every person should have good qualities and opportunities to realize the meaning of his life.

Society is moving towards spiritual growth and renewal.

Human dignity, intelligence, and moral qualities are highly valued in civil society.

In fact, the growth of our children as good, polite, hardworking, healthy and capable in many ways depends on their mothers.

Therefore, in the instructions of our religion, special attention is paid to the choice of the future mother. Choosing a suitable mother for future children is thought about before the child is even born. In a hadith narrated from our mother Aisha (may Allah be pleased with her), the Messenger of Allah, may God bless him and grant him peace, said: "Choose a suitable mother for your children." However, it is not correct to think that a parent's duty is only to give birth to a child. They should take care of raising their children to be intelligent, conscious, physically healthy, pious, religious, useful to the society and the nation. Usually, fathers are often out of the house in order to feed and financially support the family, and mothers are mainly involved in housework and child rearing. That is why it seems that raising a child is only a mother's task. But in fact, according to Sharia, parents are equally responsible for raising children. Maybe the father is more responsible than the mother in this regard. The Prophet, may God bless him and grant him peace, emphasized that the father's spiritual support is more important than his child's material support: "No father can give his child a gift greater than good manners".

Parents should not forget that the nature and behavior of the child is formed depending on the environment in this family. Their task should be similar to the attitude of an experienced doctor towards the patient. It is known that righteous children are brought up in the family under the supervision of their parents and grow up. Negligence in the upbringing of children when they are young, allowing them to mix with bad people, has harmful consequences. To put it simply, a child's heart is like a piece of white paper on which all kinds of writing can be written. Write as good notes as you can. It is necessary to seriously engage in their education, to use all the possibilities so that they become good people. Undoubtedly, parents, family, neighborhood, schools play an important role in the education of children. It is well known to all of us that raising them to adulthood on the basis of good manners and good education is an urgent issue at the state level.

Paying attention to the manners and education of young people is one of the most important issues in our holy religion. Our Prophet, may God bless him and grant him peace, says: "Give your children manners and make their manners beautiful."

We append incredible significance to the education of our children, we teach them to dress cleanly and eat halal food, we protect them from the influence of various harmful currents, we protect our youth from falling into their vortex, we always feel our duty and responsibility to our parents, family, and country. We should educate them to think. In particular, parents should not lose their vigilance even for a moment, and should not be negligent in the education of young people.

In particular, a lot of good work is being done in our country in terms of creating a healthy family environment, protecting the health of mothers and children, giving birth to healthy children, and raising a physically and spiritually mature generation. At the heart of all our good intentions is the desire to raise our children healthy, both physically and spiritually, and to see their happiness and prosperity in the future.

For that reason all our youngsters ought to be content that they live in a nation where everything they could ever want materialize and their desires are upheld. Because, as a result of this care and attention, our children grow up to be the envy of everyone, talented. Currently, the number of young people who spread the glory of our country to the world in the field of sports, art, music, science and technology is increasing day by day.

Our lovely children must thoroughly master all the foundations of our high spirituality, national traditions and values along with worldly knowledge. There is a proverb in our people: "It is easy to be a scientist, but it is difficult to be a person." Therefore, it is one of the things that we should try to raise our children to be humane, compassionate and morally perfect, along with achieving scientific

Perfect child upbringing includes the following:

- Religious education is teaching to be a believer, to distinguish between halal and haram.
- Moral education is the formation of good morals and virtues, such as good manners, humility, honesty, kindness, and faithfulness.
- Physical education - training in proper nutrition, sports training, and prevention of harmful habits such as alcohol consumption and smoking.
- Mental education - teaching modern sciences and professions useful to society.

Such youngsters can be the future, certainty and replacement of our autonomous Uzbekistan.

Conclusion

It is too important to organize today's educational system and educational system according to the purpose, to increase the effectiveness of educational activities.

The theoretical basis of the education system should be based on oriental and national values. Because the reform of the field of education is becoming today's most urgent problem, which will decide our fate tomorrow.

Our rich otherworldly legacy ought to be the nurturing premise of our accomplishments today and the triumphs we will accomplish tomorrow. In order to think in a new way in our society, it is necessary to know the past. Only when we do this, we will take an important and necessary step in forming the perfect human being dreamed of by our thinkers, and in addition, in educating a well-rounded person with a high level of spirituality as required by the current era.

In this regard, the following educational principles are recommended:

- Acquaint students with the life and activities of our great thinkers during the educational process;

- To strengthen family and school cooperation in planning meaningful spending of the student's free time;
- Conducting psychological correctional trainings to educate high moral qualities of students;
- To promote reading in order to improve the spirituality of the young generation;
- Meaningful spending of educational hours in the spiritual and moral education of students.

REFERENCES

1. Mirziyoyev SH.A. “ The spirituality of young people, meaningful organization of their free time on the important tasks on the theme of” speech videoselektor assemblies.// “ people of the word “ newspaper,march 20 2019 the year.
2. Mirziyoyev SH.M. “ Educated generation is the guarantee of a great future”, dedicated to the 26th anniversary of the constitution of the republic of uzbekistan on the theme marrosimdagi speech.// “ Enlightenment” in the newspaper. December 8, 2018..
3. Farobi Abu Nasr.Fozil a city of people. – T .: People named Abdulla Kadiri heritage publishing company, 1993. – Page 189.
4. AlimxodjayevaS.N., F. i. khaydarov Psychological development training. Methodical guide. 2-part.- T ., 2009. – 10 –page.