

Forming Social Adjustment of Future Defectologists when Working with the Family

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Abstract: this article reveals the views of the future defectologists on social adaptation, social life, socialization of the individual, and the views of eastern thinkers on the socialization of the individual.

Keywords: socialization, competence, personality, Eastern thinkers, professional education.

His personal development and professional culture play an important role in the training of a specialist, as it helps to easily acquire professional competencies and significantly ease the processes of professional adaptation. This, of course, requires serious changes in ensuring the quality of training of specialists. Today, high-quality professional education is a means of social protection, a guarantee of the stability of a person's self-awareness at various stages of life.

Competence-oriented vocational education is an objective phenomenon in education that has arisen on the basis of socio-economic, political, educational and pedagogical conditions: the rapid changes of vocational education to the socio-economic conditions, together with the market economy it is a flexible attitude and reaction to emerging processes and life situations. Because the requirements for a modern specialist are changing somewhat in the conditions of market relations. Today, these changes are not sufficiently taken into account in the programs and plans for the training of specialists. These new requirements are not strictly related to one or another science, they are subjective in nature and are distinguished by their universality. Their formation does not require new content, but requires the use of other pedagogical technologies.

Socialization and adaptation are closely related processes.

It shows the unity of a person's interactions with family, neighborhood, and the general public. Translated from Latin, the term "sadasia" means "adaptation", "adjustment". This term originally refers to the science of biology and meant adaptation of the organism to external conditions, morphophysiological and behavioral criteria in the course of evolution. In our opinion, adaptation means setting a goal, showing talents and abilities by adapting oneself to the specific features of life and environment.

In other words, we can understand it as adapting to the environment by accepting the specific features of it, that is, it is the process of adaptation to the society in which a person lives, to development.

"Social adaptation (lat. Socialis - socialized) is the process of mastering the norms of activity and behavior, values and procedures characteristic of certain cultural traditions by a person."

Usually, socialization with the general development of the individual, adaptation is acceptable social environment, conditions, interaction and determined by target activity.

Social adaptation is under the process of becoming a person is a concept related to the quality of transient feedback. Person

During his life, he can satisfy his needs, perform certain actions in the interest of himself and others, occurs through his interaction with other people. Social adaptation takes place when there is an optimal environment for interpersonal relationships. If an acceptable environment is not created, the interpersonal relationship will be psychological in terms of each other's age, interest, worldview, attitude to life.

if it is not manifested in the form of understanding, it is the process of social adaptation is not effective.

Social adaptation takes place in the context of various relationships.

The degree of adaptation of the person is the characteristics of the social environment and expressed by the personal qualities of a person. It is known that

The basis of the socialization process is the adaptation of a person to the environment consists of, under its influence, a person becomes an equal member of society, becomes an active participant in various relationships. Human social adaptation in connection with relations in society changes and the level of response to society's requirements increases goes The life path of a person is the result of the socialization of a person It is based on the following directions: activity, communication and self-awareness.

Eastern thinkers have been interested in higher education and knowledge, professional development, and finding one's place in life since ancient times. There are enough reasons to say that our great ancestors, whose names are known to the whole world, were at the head of the treasure of knowledge. Among them are mathematicians and astronomers: al-Khorazmi, al-Fargani, Jawhari, Marvazi, Mirza Ulugbek; philosophers and legal scholars: Abu Nasr Farabi, al-Bukhari, al-Tirmizi, Margilani, Nasafi; encyclopedic scholars: Abu Rayhan Beruni, Abu Ali ibn Sina; linguist scientist and writers: Mahmud Kashkari, Yusuf Khos Hajib, az-Zamakhshari, Mir Alisher Navoi; historians and poets: Zahiriddin Muhammad Babur, Abulghozi Bahadirkhan, Agohi and others.

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