

## **Specific Methodological Directions of Acmeology**

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**Abstract:** After the independence of our country, our scientists conducted a number of scientific and research works on the achievement of perfection in the acquisition of a profession, the views of past thinkers on professional skills, and the socio-ethical aspects of various professions in the present time. As a result, specific methodological directions of acmeology were developed.

**Keywords:** acmeology, methodological direction, natural-scientific, classical, methodological, physiology, psychogenetics, modern praxeology, bionics, socionics, synergetics.

After the independence of our republic, our scientists conducted a number of scientific-research works on the achievement of perfection in the acquisition of a profession, the views of past thinkers on professional skills, and the socio-ethical aspects of various professions in the present time. In particular, academician M. Khairullaev, doctors of philosophy K. A. Shaykhova, Y. Zumaboyev, H. Alikulov, A. Q. Kadirov, R. Nosirov, G. Navro'zova, doctor of philology N. Komilov, candidates of philosophy M. M. Kakhorova, Kh. Rakhmatova, candidate of philological sciences S. Olim and other thinkers historically and philosophically studied the moral image of various professions, what moral virtues and rules of conduct they should acquire.

In general, acmeology has not been studied in a holistic and systematic way in existing researches, its special scientific field, as a doctrine, its facets and important features, which cannot be imagined without professional ethics, have not been revealed. On the basis of these, the specific methodological directions of acmeology, as well as all other sciences, emerged.

First, **the natural-scientific direction** is aimed at the formation of classical natural sciences as an independent science with methodologically complex disciplinary standards (proofs, mechanisms, laws, mathematical modeling).

Secondly, natural knowledge of youth physiology, psychogenetics, labor psychophysiology takes the place of appeal in solving a number of acmeological issues, components of natural abilities, genetic and psychophysiological abilities, and psychological skills in becoming professional.

**The socio-humanitarian direction** is manifested in many ways. Acmeology, on the one hand, develops historically together as the genetic source of these human sciences, and on the other hand, shows its ontological importance by shaping their free development as a science. So, before acmeology was introduced as a science, the sciences of psychology, sociology, and pedagogy dealt with issues of professionalism, creativity, potential, and gerontology similar to acmeological issues. However, it was the development of the skill, the emphasis on the main library in reaching the peak of acmeform, that first led to the birth of special acmeological issues and later to the conceptual-methodological structure of specific acmeological technologies. As it progressed, the main science, that is, the special object and method of acmeology, appeared.

**Technological direction** is not only the interaction of a number of technical sciences, such as cybernetics, system engineering, information theory, but also the use of a specific program to direct existing knowledge into practice. In Ilunda, the interaction of acmeology with technical rules is not formed by itself, but is connected with ergonomics, which is aimed at adapting human factors to technology. At this point, it should be noted that, on the other hand, in a two-way view: the humanization of technical sciences, i.e., bionics, socionics, as a result of the growth of humanitarian knowledge, for example, psychotechnics and game techniques, innovation and reflexology, emergence of synergetics and others — modern praxeology is always in the focus of acmeology.

In general, acmeology has a special place among today's humanities and is an integral part of the policy of training high professional personnel.

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