

Ways of Forming a Healthy World view Based on National Values

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Abstract: In this article, ways to form a healthy worldview based on national values; national and universal values. It is thought that we should be careful about the administrative way and coercion, we should study our rich scientific and cultural heritage created by our ancestors in a wide and comprehensive way, and the issue of education should be under the control of the state and society.

Keywords: national value, nationalism, enlightenment, tolerance, kindness, creativity, national education, idea.

The greatest force that leads the young generation to perfection is books and life are lessons. Educating young people in the spirit of national values is the future, the nation and we can see our nationality eternally free. Loyalty to the motherland, trust in friendship, love for the family, love for adults forming a sense of respect for the little ones is the true manifestation of our national values. Teaching a person only about the reality of the world, the rules of etiquette, the concepts of love and loyalty is not enough for his spiritual and moral education. Perhaps, to form in him the power of will, to form a sense of responsibility, to awaken in his heart the feeling of being kind and consequential to the environment, work, profession, science, heart and soul to other people, to be great in his language we must achieve the birth of goals and be able to express one's reaction to the events happening around. There are different ways for the young generation to grow up with these qualities: by listening to the advice and advice of adults, developing the ability to draw correct conclusions from it; it can be achieved by various means and, most importantly, as a result of a sincere (sincere) approach to the education of the young generation and constant research. Centuries, times of every nation in the world there are national values that have been living. Preservation of our centuries-old national and religious values, world science and the priceless heritage of our ancestors who made a great contribution to the development of culture learning, on the basis of which, raising young people to be perfect people is stable in society is one of the important conditions for ensuring the social and spiritual environment.

The Center of Islamic Civilization established in our country in recent years, Islamic Academy, Mir Arab Higher Madrasah, Imam Bukhari and Imam Termizi international research centers serve to study and promote our rich scientific and historical heritage. At the same time, the analysis of events and the social and political situation in the world helps to increase the effectiveness of activities in the religious and educational sphere and to train qualified personnel. requires the creation of an integrated system.

Wide promotion of our noble qualities and values, such as enlightenment, tolerance, kindness, creativity, characteristic of our people since time immemorial, and the participation of

representatives of the religious and educational sphere in ensuring the stability of the social and spiritual environment in the society. It is an important task to increase awareness and participation, to educate the young generation in accordance with our national spiritual values, to form human qualities in their minds based on the lessons of the science of Hadith, and to instill in them concepts such as patriotism [2.63-68].

The term national education is used in broad and narrow senses. In a broad sense, it means the sum of all spiritual influences, activities, actions, and aspirations aimed at forming a human personality, ensuring his active participation in production and social, cultural, and educational life. National education in this understanding, it includes not only the educational work carried out in the family, school, children and youth organizations, but also the entire social system, its leading ideas, literature, art, cinema, radio, TV, mass media, etc. Also, national education in a broad sense includes education and information in this field. In a narrow sense, national education means a pedagogical activity aimed at cultivating the spiritual development, worldview, moral image, and aesthetic taste of a particular person. This is done by family and educational institutions and public organizations [7.55-57].

We know that any kind of upbringing exists only in close connection with education. Because in the process of education and information acquisition, not only the knowledge of a person increases, but also the determination of spiritual and moral qualities is accelerated. It is for this reason that our forefathers used knowledge, education and upbringing as a priceless wealth for human perfection and the nation.

As much as these words of our enlightened grandfather were important and relevant for our nation at the beginning of our century, they are even more important and relevant for us now" [1.186].

Education that implements national education in our country during the years of ideas the material and technical base of institutions and secondary schools increasing attention to strengthening has become the most important and serious issue. For this purpose, the national personnel training program is implemented in our country, which is its organic and logical continuation in 2004-2009.

A nationwide state development program was adopted. According to it, in our country strengthening the material and technical base of about ten thousand existing general education schools, fundamentally improving the content of the educational process, large on material and moral stimulation of teachers' work things are being done. In recent years in the field of education

The great work we have done, in terms of its scope and essence, has created a solid foundation for the achievement of our noble intentions, the establishment of a life that is second to none, and the spiritual growth of our youth and the entire nation. no error [7.1-4]. In conclusion, national education is of decisive importance in the life of any society and country. Because, for its growth and development, the production of material and spiritual wealth must increase continuously.

For this reason, the younger generation is superior to their ancestors in creating these assets it is necessary to raise the level. Young people both physically and spiritually modern medicine, pedagogy, and psychology in proper education it is especially necessary to implement recommendations in every family [1.186]. It is extremely important for every family, parents, first of all, to see a person in the form of a child, and to always feel that they are responsible for ensuring all the rights and freedoms of a person. Each of the emblems and symbols that serve the national idea and national pride in national education is a great textbook and a powerful educational tool. In addition, celebrating the birthdays of great ancestors is also of spiritual and historical importance. By conducting such ceremonies, young people are brought up on the basis of new values, they are instilled in their hearts to understand and value history, to approach the past with respect, to preserve it, and to be proud of belonging to this nation

The theoretical opinions and pedagogical theories expressed by thinkers and pedagogues of the 19th and 20th centuries in the field of education are still relevant today.

If current educators use the advice given above regarding child upbringing in the family in their own experience and approach it in connection with today's new scientific views, good results can be obtained without a doubt. Therefore, family education, determining his place in life, and teaching a person to live have been important areas of society's activity. The social task of education is to train a person for some activity. The general directions of education were created and developed in ancient times. Education based on general principles has its own character.

The Uzbek people have created their great spiritual heritage related to education, humanity, kindness, hard work, has been educating in the spirit of universal human values and good qualities such as bravery and decency. In particular, the "Pandnama" created by the people, which are of encyclopedic importance, created in various genres of the folk oral creativity, the great scholars who are close to the heart of our people, Abu Rayhan Beruni, Al-Farabi, Abu Ali ibn Sina, Imam al-Bukhari, At-Tirmizi, Amir Temur, Yusuf Khos Hajib, Alisher Navoi, Bahavuddin Naqshband, Zahiriddin Muhammad Babur, Mirza Ulugbek, Saadi, Ahmad Yugnaki, Ahmad Yassavi, Ahmad Donish, Mahmudhoja Behbudi, Abdullah Avlani, etc. A lot of attention is paid to the rare and masterpieces left by many great poets and thinkers [8.27-30]. The views of these thinkers on raising a child in school and family to be good-natured, moral and mature in all respects are distinguished by their uniqueness. They pay special attention to the education of young people in the spirit of hard work and thorough acquisition of knowledge. In their works, great thinkers encourage students to be polite, to work honestly, to be kind to their parents, to live with honest work. In his pedagogical views, Abu Ali Ibn Sina emphasizes that the child who is raised apart from the community and society becomes unhappy, and that a person is connected to society by being born in a family.

According to Al-Farabi: "It is in the hands of the person and the community that a person and society can achieve victory, achieve good, and achieve a moral and intellectual direction." It is not enough to mature and become a human being under the influence of natural primary education, because he is a human being and needs the ability to speak and a profession in order to reach human maturity. Above are the students studying in our national schools in order to educate as shown, we need to study our rich scientific and cultural heritage created by our ancestors in a wide and comprehensive way, and let schoolchildren enjoy them during educational hours. Undoubtedly, we are based on national and universal values in educating the young generation. Education is a process that continues until the end of a person's life. Below we will consider each stage of continuous moral education separately. Moral education in the family. It is appropriate to start raising a child from the mother's womb. This idea was emphasized by a number of Eastern thinkers. In order to educate a child, the parents themselves must be educated first. Only physically and mentally healthy parents will give birth to a healthy child. The first President I.A. Karimov expressed his opinion about a healthy generation: "When I say a healthy generation, I personally mean first of all a healthy generation, not only physically strong, but also healthy in spirit and mind, with complete faith and belief. , I understand an educated, highly moral, brave and brave, patriotic generation," they said. A child is brought up in a family environment from the day of his birth. During this period, it is very important to feed the child properly and take proper care of him. At the age of one year, the child is happy when he sees people close to him, he likes colorful toys. During this period, it is necessary to bring up the child through meaningful caresses and beautiful toys [5]. Children between the ages of 1 and 3 start playing with different toys, and their speech gradually begins to develop. During this period, children communicate with each other through play, imagination and thinking process are formed. Parents' or educators' love for children, their behavior with intelligence and kindness, leads to the child's healthy growth and morals. He went to school the period in an educational institution is the most important period in a child's upbringing. Because the traces of impressions created during this period remain in human memory forever. This period is the period when the

child's mental and physical growth is rapid, his desire to know the world, and his desire to express his attitude to the environment are increasing.

In primary education, a new, interesting and important period begins in a child's life. Because when a child comes to school, he faces a new environment, new procedures, and new requirements. In this period, it is necessary to make the lessons interesting, taking into account that the children have not completely abandoned the game activity. By this time, there is only one way of educational influence on the child becomes more clear and systematic [5]. Because now especially etiquette classes begin, and also in other subjects regularly moral education is given. During this period, the organization of various circles also gives its positive results. Moral education in secondary general education.

By the time of high school, the subjects studied by the student gradually become more complex, accordingly, the student's thinking and worldview expands. During this period, students should be polite to each other more than proverbs and examples of hadiths to organize a competition by telling them and to these proverbs and smells themselves can be trained to act. Now the students understand the meaning of moral concepts such as duty, conscience, honor, justice, goodness.

Moral education in higher educational institutions. Young people are now a part of higher education choosing a specialty, his independent opinion, worldview, intellectual will be interested.

Raising a generation with a clear conscience, whole faith, honest, patriotic, patriotic, brave, healthy in all aspects, intellectual potential, in a word, healthy, who will serve the development of society, development of the Motherland, peace of the country, people's well-being it is the demand of the times. Carrying out this work is the sacred duty of all of us to the Motherland.

It is a requirement of the present time to always pay attention to education.

In Eastern countries, it is most important to raise a child as a well-rounded person is a task. In particular, education is based on religious teachings, hadiths, and art is appropriate to use works, folklore. For example, only one Sharia has 934 requirements that Muslims must follow. If the child learns the purity of body and soul, humaneness. A child who grows up with the help of reading books develops humanity, loyalty, compassion, kindness.

So, ideological outlook, education of young people in the spirit of national values. It is not a matter to be solved immediately, but the effective use of all available methods, forms, and means of educational work in order to form an ideological outlook, instill national values in the minds and hearts of young people, occupies an important place in the realization of our common goals.

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