

## **PSYCHOLOGICAL CHARACTERISTICS OF THE MANIFESTATION OF ADOLESCENT EMPATHY**

**Narziyeva Shaxnoza Rustamjon qizi**

**Teacher of the "pedagogy and psychology" department of Asian International University**

**Annotation:** In this article, the psychological aspects of the manifestation of empathy in adolescents, the content of the concept of empathy and its psychological characteristics, theoretical and practical ideas are put forward.

**Keywords:** empathy, sympathy, interpersonal relations, communication, development of empathy, levels of empathy, emotions, individual, adolescent.

### **Introduction.**

Empathy (from the Greek *empathia* - empathy) - understanding the emotional state, getting into the experience of another person. The term "empathy" was introduced by E. Titchener, who summarized the ideas of sympathy developed in philosophical traditions with the theories of empathy of E. Clifford and T. Lipps. Differentiation of emotional empathy based on mechanisms of projection and imitation of motor and affective reactions of another person; cognitive empathy based on mental processes (comparison, analogy, etc.) and predicative empathy, manifested as the ability of a person to predict the affective reactions of another person in certain situations.<sup>1</sup>

Special forms of empathy - the subject's experience of the same emotional states experienced by another person through identification with him, and empathy - are distinguished as experiencing one's own emotional state in relation to the feelings of another person. An important feature that distinguishes empathic processes from other types of understanding (identification, role-taking, decentering, etc.) is the weak development of the reflective side. empathy is more easily achieved when the subjects' behaviors and emotional responses are similar. Concept to come output and to him added meaning about in detail information " From the heart written in sympathy ". Very important : With this together , of empathy important feature to emphasize very important ( By the way , Freud by note done ). Empathy lack of a person from humanity deprived makes the world with us never how connection didn't happen separately to objects turns<sup>2</sup>. In the family of the child identity bring up and in development of empathy Place: Empathy development, moral standards appropriation children and adults between, first in line, their parents with communication of doing to himself special features because of the child to others relatively appear to be direction is based on Development psychology in the field A. Beck and V. Stern empathy and his in children manifestation to be to learn basis put. Empathy problem of the child of personality formation, behavior of forms development and social adaptation with depends without seeing will be released. Later A. Vallon (1967) this the problem of the child emotional field development point of view in terms of to himself attraction did and it's a child's adults and to children's feelings emotional sensitivity evolution set gave. So, mental of development with the child emotional from lower forms of reaction high moral reaction to the forms

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<sup>1</sup> N. Islamova , D. Abdullayeva " Social psychology " study manual , Tashkent - 2015

<sup>2</sup> I. Nishanova ZT " Development psychology " textbook .

passes. In children, especially in adolescents empathy, altruism movement with together will come. Another's emotional to the situation the most sensitive has been person help to give ready and to aggression the most less inclined will be Compassion and altruistic behavior their parents to them moral standards explaining giving and to them hard measures did not see to the children is typical. Empathy development is optional active moral motives, another in favor of motivations formation process. Empathy using the child another of people experiences the world with they know each other value about thought is formed, another of people to the well-being has been need develops and is strengthened. With the help of empathy, the child gets acquainted with the world of other people's experiences, the idea of the value of another is formed, the need for the well-being of other people develops and strengthens. Disagreements in the interpretation of empathy as a cognitive and emotional phenomenon, the process of understanding and empathy, both sides of the mind because of its connection with Both of these processes affect the inner world of a person not only different methods of understanding are calculated, but also have different structure and function in behavior. The author of empathy two type divides: together to grieve, that is subject another that the subject is feeling feel the emotions get, and pity, that is another person feeling about to grieve and others. Empathy another of a person inside what what is happening about That he cares; the surroundings how evaluate right imagination do it ability to receive based on. Exactly empathy thanks to the book by reading or watching a movie standing, different to situations down the rest human feeling we feel things. For example: war under barbed wire on the line crawling going spy concern and salvation; blow of the hit player joy; from the exam very didn't get of the student almighty and depressed to fall take will come That's why for man he or this circumstance other people by how acceptance to be done How good imagination do it empathy so much high will be useful. Man's empathic abilities vital experience increase with increased keeps going. A lot thing saw and a lot thing from the beginning spent old people, that or to this situation down the rest people what he feels, little one to the student relatively better they understand.

Empathy development is this another of a person in favor of solution divisor directly affect doer moral motive and of motivations formation. Empathy using small of the child another people experiences to the world come in to go process appear will be and of others values about concept surface will come As a result others calmness to think such as feature develops.

Empathy development, moral standards appropriation based on of the child to those around you relatively forming approach lies. Your child mental development and his of personality structure with empathy moral development to the source becomes. Parents with emotional contact disorder, emotional in terms of acceptance not to be done and empathic to understand of the child to the psyche hard injury delivers children development of the child of personality formation negative effect does. Empathy mutually in relationships, communication appear will be and is formed. Empathy ability of a teenager interpersonal communication big place holding friendship for is the basis. Empathy self in turn, G. Craig as written, social to the conclusion is based on, "because you Adolescence to the period about one series foreign in studies emotional sign preserved the rest without, adolescence period empathic of experiences adolescence and adulthood to his age of the transition effect described. "If childhood and adolescence during man his parents with empathic to understand have if, then adulthood at the age of to the environment empathic relationship negative experiences cause does not issue and on the contrary: some people whole lifetime during own to his parents relatively hate will spend Empathic of experiences of transfer effect from that proof gives empathy to the object relatively manifestation from being then, man before indifferent in relation has been another spread to objects as well can.

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